

Meaning swift and valued runner, the *Kukini* in ancient times took news from one Hawaiian leader to another.

HICKAM *Kukini* Serving the Air Force Hawaii Community

HOT TOPIC

Air Force has new family support help line

See Page 3

Vol. 11, No. 4

Feb. 6, 2004

Hickam AFB, Hawaii



Going long

Mark Estorga, 15th Medical Group, catches a pass against Michael Samson, Hawaii Air National Guard, in flag-football action during the Team Hickam Sports Day Jan. 29. 15th MDG defeated HIANG to win the flag-football competition, lifting them to a tie with 15th Security Forces Squadron for third in the Sports Day final standings. For more on Sports Day, turn to Page 12.

Photo by Angela Elbern

'Force Shaping': Some can leave active duty early

Editors note: The following article is from Wednesday's edition of *Air Force News Service*. Additional information is currently being evaluated by Hickam Military Personnel Flight officials. A local update will be included in next week's *Kukini*.

By Maj. John Thomas
Air Force Personnel Center Public Affairs

AIR FORCE PERSONNEL CENTER - There's good news for thousands of airmen considering leaving active duty who thought they couldn't because of existing service obligations.

An effort dubbed 'force shaping' is opening the exit doors to officers and enlisted in select career fields and year groups by waiving some active-duty service commitments previously incurred for events like government-funded education, permanent changes of station and promotion.

Force Shaping includes opportunities to transition to the Air Force Reserve or Air National Guard; as well as relieving some people of their active-duty service commitments.

Rules for leaving active duty early will be the least restrictive for anyone wanting to transfer to the Guard or Reserves through the Palace Chase program.

Some bonus payback requirements may also be waived, officials say.

Applications for any of the force-shaping early release programs must be made through local mili-

tary personnel flights by March 12.

More than 16,000 additional people than are currently projected to leave--12,700 enlisted and 3,900 officers--will be allowed out to help the service return to the authorized active-duty force size by Sept. 30, 2005. The goal is to get within authorized end strength while avoiding 'extreme measures' that 'wreak havoc' with mission and morale, officials say.

Joining the Guard and Reserve

Active-duty airmen wanting to transfer to the Reserve or Guard will be able to apply for a waiver of an active-duty service commitment regardless of their career field.

"We're a total force, and for our active duty airmen who would like to separate early and still retain a connection to their Air Force, the Palace Chase program provides the perfect vehicle to preserve operational capability while reducing active duty end strength," said Maj. Gen. John Spiegel, the Air Force's director of personnel policy at the Pentagon.

"We're focusing a big part of our efforts there because it keeps the member and their expertise in the total force, while allowing them increased stability and a chance to continue working toward a military retirement," the general said.

Some applications may not be approved.

Due to manning shortages, 29 officer and 38 enlisted specialties will not qualify for many of the waivers. Among those are pilots, navigators, air battle managers, aerial gunners, fuels specialists, nurses, and first sergeants. The complete list of 'stressed'

career fields that are excluded from many of the waivers is posted at <http://www.afpc.randolph.af.mil/retsep/shape>.

"Approval authority for miscellaneous enlisted separations will rest at the personnel center, to centrally review applications and ensure compliance with manning needs," said Maj. Dawn Keadley, chief of retirement and separation policy at the Air Staff.

Program highlights include:

- The chance to transfer to the Guard and Reserve for those with at least 24 months time in service, incurring a 2-for-1 service commitment (not less than one year or greater than six years).

- Enlisted waivers of active duty service commitments associated with technical training and boot-strap programs.

- Potential service commitment waivers of up to 18 months for permanent-change-of-station.

- Potential service commitment waivers for officers of up to 24 months for Air Force Institute of Technology doctoral education and education-with-industry.

- Up to 12-month waiver of intermediate and senior developmental education commitments for officers.

- Possibility of ROTC commissioning directly into the Reserve or Guard.

- Aviator Continuation Pay, Uniformed Services University of the Health Sciences scholarships, and AFIT fellowship, scholarship, and grant commitments will not be waived.

Misunderstanding the point

By Lt. Col. Mark Burns

332nd Expeditionary Operations Support Squadron commander

BALAD AIR BASE, IRAQ – Is flexibility the “key” to airpower? Does thinking “out-of-the-box” really solve problems? I have heard these two phrases quite often since my entry into the Air Force.

Being an Army brat, I appreciate and take great pride in the adaptability of the Air Force and the creative solutions we find to problems. As much as I have tried to practice these clever ideals of flexibility and out-of-the-box thinking in my Air Force career, I have become increasingly concerned with the misunderstanding that often surrounds them.

Too often “flexibility” means compensating for poor planning and even worse initial execution. At times “out-of-the-box” thinking is demanded when the solution is not readily apparent at the inception of a problem.

At Balad, we are undertaking an immense task: starting a new base of operations. If we misunderstand the meaning of these two phrases, which we hear so often, we just might make the job a little bit harder.

Flexibility comes from knowing the basics of

your job well and from the confidence gleaned from having practiced the basics again and again until they become second nature. It does not come from trying to accomplish new and different things every time you train. You will never see every possible permutation of a problem.

If you take the time during the planning phase to prepare a solid base for execution, any left turns thrown your way can be overcome. You gain flexibility by nailing down as many variables as possible with good planning. Good execution allows you to stay ahead of the new wrinkles you will be forced to adapt to.

Frequently, practicing the basics can give you the confidence to plow ahead and fix unforeseen problems.

The same is true for thinking out-of-the-box.

There are not many solutions to problems that we can think up that have not been thought of and tried before. We just weren’t aware of the history of the “new” solution, when we thought it up.

If our basis of good experience and practice is supplemented by a thorough quest for more knowledge of our job, then we have a ready ency-

clopedia of possible solutions to any problem.

I will bet that often the out-of-the-box solution you come up with is catalogued in the continuity book that is catching dust in your bookcase. The problem may be slightly different, but that old solution still works with a few minor changes.

For more than a decade, the Air Force has been doing rotations to the Middle East. Many of you have had the pleasure of doing them more than once. There are many lessons to be learned from the problems faced by these previous rotations, which will help today in what we are doing.

Share your experiences. What was true then is probably still valid right now. Wherever you are, be flexible for rapid changes, but use the time to prepare well a solid foundation for those that will follow you.

You will never solve all of the problems, but you can those who come behind you on the right track to finish what you have started. Be open to out-of-the-box solutions to these problems that we face, but remember “out-of-the-box” may mean “dust one off” from previous experiences. *(Information courtesy of Air Force News Service)*

Action Lines

The purpose of the Action Line is in its name – it’s your direct link to me so we can work as a team to make Hickam a better community. It also allows you to recognize individuals who go “above and beyond” in their duties – and we all know there are plenty of those folks here. All members of Team Hickam are welcome to use the Action Line, however, I urge you to give the normal chain of command the first crack at resolving problems or issues. It’s only fair to give our commanders and managers the first opportunity to work issues under their responsibility. If you have done this and are still not satisfied, give my commander’s Action Line a call. If you want me to get back to you, leave your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response. I’ll work your issue and respond verbally or in writing. The Action Line number is 449-2996. Messages may also be sent by e-mail to 15aw.pal@hickam.af.mil.



Col. Ray Torres
15th Airlift Wing commander

Abdominal circumference: Is it your friend or your foe?

By Col. Laura Torres-Reyes

380th Expeditionary Medical Group commander

SOUTHWEST ASIA (AFPN) – Are you frustrated with the abdominal circumference score for the new fitness standard? Have you pounded out hundreds of crunches, pumped oodles of push-ups, only to find your abdominal girth doesn’t get you past a composite score of 80?

I must admit that I was at first perplexed and amazed that the numbers and scores didn’t change based on height or age. How could that be?

The key to understanding why abdominal circumference takes a huge chunk of your fitness score is in understanding that our new fitness program is about maintaining the health of your whole body.

What really matters now to the Air Force is that you are maintaining a state of health that decreases your risk of preventable diseases. Research has shown conclusively that abdominal size reflects this concept of whole health. Besides the obvious risk factor of smoking tobacco, your amount of abdominal fat is a good predictor of your risk for heart disease, diabetes, stroke and some types of cancer. Isn’t that amazing?

You don’t need a palm reader or crystal ball.

By just taking a simple tape measurement, you can get a pretty good idea of your chances for enjoying a long, healthy life.

Of course, the hard part is deciding what to do if your abs just aren’t measuring up.

Take heart! You don’t have to look for a liposuction specialist or invest in expensive gadgets advertised on TV to make an improvement. The only proven way to decrease your abdominal circumference is to decrease your body fat.

The fact is we all have those enviable six-packs of muscle hidden under our abdominal fat. As you lose the fat, the muscle definition becomes clear. If you increase your aerobic capacity and strengthen your shoulders and core muscle groups, your total body fat will decrease and your abdomen will firm up.

It is really a pretty good package deal; as you improve your scores for the 1.5 mile run, push-ups, and sit-ups, you should see your abdominal girth decrease. Of course, you will also have to burn more calories than you eat, actually exercise aerobically by maintaining your training heart rate between 60 and 75 percent, and build more muscle to boost your metabolism.

Okay, so I never said it would be easy, but don’t you feel better just knowing it makes sense? *(Information courtesy of Air Force News Service)*

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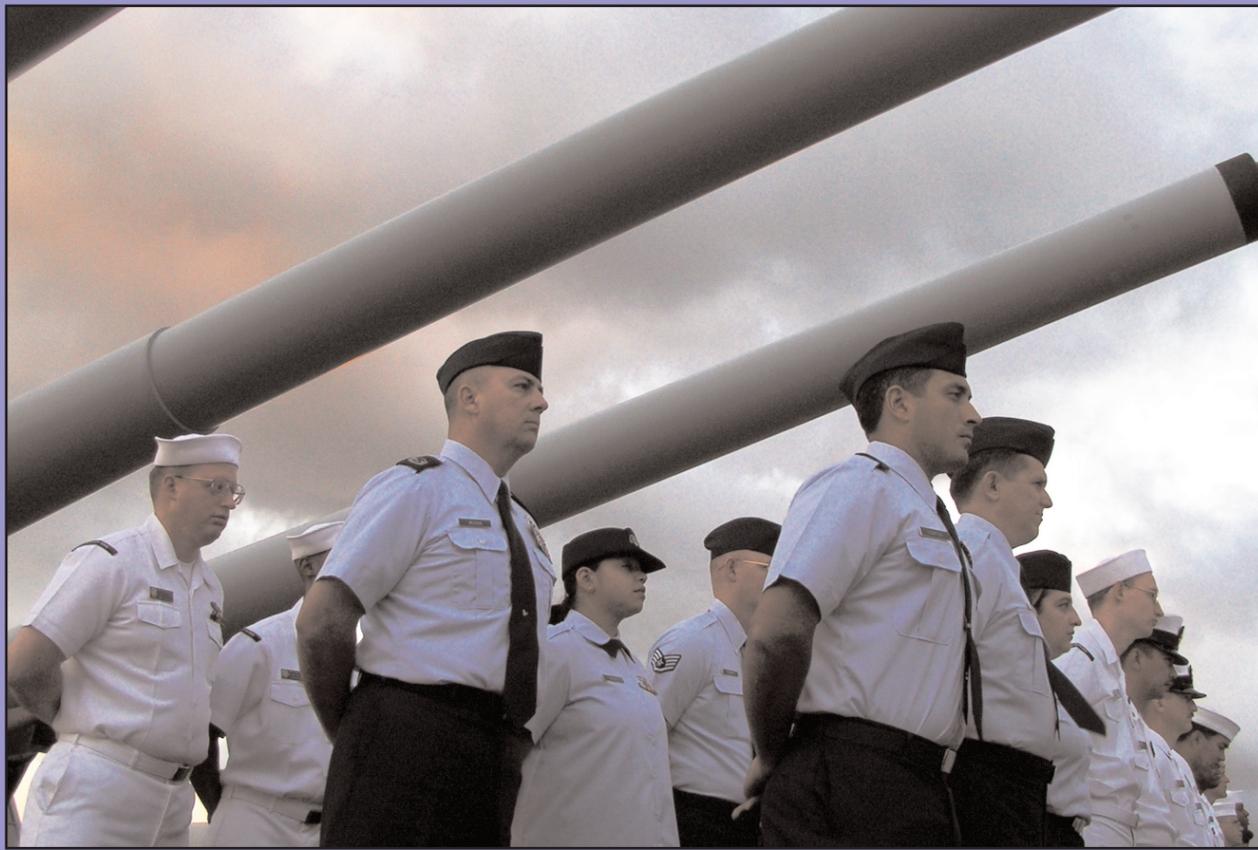
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Protect and serve

Helpline gives airmen vital info

By Master Sgt. Eddie C. Riley
Air Force Print News

WASHINGTON – The Air Force expanded efforts to take care of its own Sunday with the 24-hour-a day “Air Force One Source” live helpline for airmen and their families.

The “beyond-the-gate” support and referral service is intended to help address personal and family support needs. Some airmen are not always near agencies that offer support with child care, finances, legal matters, deployment and other related issues.

“Air Force One Source is a 24/7 helpline resource available to all active duty, Guard, and Reserve member and their families, especially to those on remote tours or deployed,”

said Cheryl Paiva, Hickam Family Support Center director. “This service assists the FSC in meeting and addressing the needs of Team Hickam and our Hickam community.”

Certified counselors will be available year-round to answer questions, provide information or guide airmen and their family members to the appropriate resources. The intent is to ensure all airmen and their families have the right resources they need, said Linda Smith, chief of Air Force Family Matters at the Pentagon.

“Air Force One Source will give them access to support at all times by telephone, the Internet and e-mail,” Ms. Smith said.

Most base family-support resources

are only staffed to help the 20 percent of the population who typically require assistance at a given time, Ms. Smith said. The Air Force One Source staff will provide access to these kinds of resources to those serving remotely, while augmenting the traditional on-base services, she said.

The Air Force One Source staff, contracted through Titan/Ceridian Corp, has nearly 30 years of experience handling geographically dispersed employee calls from Fortune 100 companies. Counselors with licensed clinical social work and employee-assistance certifications, as well as advanced counseling degrees, will respond to Air Force One Source users. “All (airmen and their families) with an (identification) card can use

(the helpline) to get help with a range of concerns,” Ms. Smith said.

Some concerns that may be addressed include making plans to deploy or coming home from a deployment, resolving personal problems, or coping with challenges that come up during the course of a day, she said. Air Force One Source will be available anytime by phone in the U.S. at (800) 707-5784, internationally at (800) 707-7844, internationally collect at (484) 530-5913 or at www.air-forceonesource.com. The Web site will require customers to log on by using “airforce” as the user ID and “ready” as the password. For more information, contact the base family support center at 449-0300. *(Information courtesy of Air Force News Service)*

Leaveweb

Travel voucher info now available

By Tech. Sgt. Eric D. Dorsey
15th Comptroller Squadron

The LeaveWeb system can be used for more than just processing military leave paperwork, according to 15th Airlift Wing finance officials.

“The availability of travel voucher information in the LeaveWeb system is another great customer service tool that provides a central hub for pay information,” said 1st Lt. Wally Lee, financial service officer.

All Permanent Change of Station Inbounds and temporary duty travel vouchers that are not processed through Defense Travel System Limited can be viewed or printed through the LeaveWeb system.

This feature is available for military and civilian vouchers.

Users simply log onto LeaveWeb and click on “Travel Voucher Query/History” located on the



left side of the screen. Then input the travel order number or select the timeframe the voucher was paid and click query. Select the applicable travel voucher and then the voucher can be viewed or printed.

For those TDY vouchers processed in DTS-L, travelers can access their paid vouchers by signing in and clicking on “File>Open>Voucher from Authorization” then click on the applicable voucher to obtain the paid voucher.

“Customers can access this information from their own offices, eliminating the need to make unnecessary trips to finance,” said Lieutenant Lee. “Our customer support section stands ready to support employees and members who need assistance with LeaveWeb.”

For access to the LeaveWeb military members should contact their unit Commander Support Staff or LeaveWeb monitor. Civilians can contact the finance customer support section at 449-0356 or 449-0353 for assistance.

Mouthguards: *Use one or lose much more*

By Airman First Class Meriles Curry
15th Aeromedical Dental Squadron

Editor's note: February is National Children's Dental Health Month. This is the first in a four-part series about children's dental health.

One of the great things about living on Hickam is the chance for keiki to participate, year round, in athletic activities of all kinds.

With this increased amount of opportunity comes an equally large need for personal protection, and one part of the body that often gets overlooked is children's mouths, a problem that is easily addressed by simply using a mouthguard.

A mouthguard is a protective device that covers the upper teeth and helps to cushion any blows to the face, according to base dental officials. It minimizes the risk of broken teeth as well as injuries that may occur to your tongue, cheek, and lip. Imagine how it would feel if one or even two of front teeth were lost. Smiling, eating, and talking would never be the same.

There are three different types of mouthguards available to child athletes, officials said. When choosing the correct appliance, look for the follow-

ing features: secure fit, easily cleanable, durable, and nonrestrictive in terms of speech and breathing.

The first type is the stock mouthguard. It is relatively inexpensive and



comes pre-formed and ready to wear. The downside to a stock mouthguard is poor fit and it often makes breathing and talking difficult.

Another type is the "boil and bite" mouthguard. To use this type of appliance, a plastic tray is softened in boiling water and then inserted into the mouth. This process allows the tray to adapt to the shape of your mouth. The "boil and bite" mouthguard offers a better fit than the stock mouth protector; however, care must be exercised during the fabrication process to ensure the optimum result.

Both the stock and "boil and bite" mouthguards are sold retail at local sports and drug stores. Finally, there is the custom-fit mouthguard made by the dentist. Since this mouthguard is made specifically for the wearer, the fit will be superior to all other types. The one downside to this type of appliance is cost; it costs more. "Although mouthguards vary in terms of cost and comfort, they all provide protection if fitted properly," said Lt. Col. Doug Curry, 15th Aeromedical Dental Squadron. "In the final analysis, any mouthguard can be effective as long as it is resilient, tear-resistant and comfortable."

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"Although mouthguards vary in terms of cost and comfort, they all provide protection if fitted properly," said Lt. Col. Doug Curry, 15th Aeromedical Dental Squadron. "In the final analysis, any mouthguard can be effective as long as it is resilient, tear-resistant and comfortable."

Just like any other sports gear, mouthguards wear over time and become less effective. Caring for mouthguards requires daily maintenance. It should be rinsed before and after each use with water or mouthwash. In addition, the mouthguard should be occasionally cleaned in cool soapy water and thoroughly rinsed. Storage should be accomplished in a firm perforated container that permits air circulation. High temperatures must be avoided to minimize distortion. "Remember, use your mouthguard or risk your smile," Colonel Curry said.

HOSC will award scholarships

Last year the Hickam Officers' Spouses' Club awarded \$16,000 in scholarship money to 18 recipients.

Scholarship awards are the largest disbursement of welfare funds by the HOSC, being earned through Thrift Shop sales, according to Diane Brundidge, scholarship chairperson.

"In May the HOSC will continue a long tradition of giving scholarship awards," said Nicole Ingegneri, HOSC president. "Last year eight scholarships went to high school seniors, eight were awarded to continuing education students and two were awarded to graduate students."

Those who are interested in applying must be pursuing a vocational, technical, associate, undergraduate or graduate degree. The appli-

cant can be currently enrolled in a program.

Scholarship applicants must be a family member of one of the following: active-duty Air Force permanently stationed in Hawaii or members who have PCS'd from Hawaii within the 2003-2004 school year; active-duty Air Force members on a remote assignment from Hawaii; retired Air Force living in Hawaii; full time Air National Guard or Air Force Reserve members residing in Hawaii, or deceased Air Force members residing in Hawaii.

Applicants must be seniors who are graduating from a Hawaii high school or an accredited home school program based in Hawaii. Military spouses who have completed at least one year of education past high school are also eligible.

Anyone who has previously received a HOSC scholarship award or those currently on a full scholarship or receiving G.I. Bill benefits are not eligible. Selection committee members, their children and the scholarship chairperson and their children also are not eligible for a scholarship awarded.

Applications are available at the Hickam Library, the base education and training office, the thrift shop and Radford High School. Deadline for submission is 5 p.m. March 1.

They will be awarded during the HOSC May program.

For more information contact Mrs. Brundidge, 2004-2005 scholarship awards chairperson, at 423-7799 or e-mail hoscsholarship@yahoo.com.

AAH month events scheduled

By Tech. Sgt. Mark Munsey
Kukini Editor

This month is National African-American Heritage Month. The AAH Association has several events scheduled during the next 21 days.

First up is a youth lock-in Feb. 13 at the Hickam Community Center. Slated to kick off at 6 p.m., the 12-hour event will go until 6 a.m. the next day.

The evening's itinerary will be as fun as it is informative, according to Tech. Sgt. Damon Smith, AAHA publicist.

"This event is a chance to inform the youth of our community of the contributions African-Americans have made to make our country great and have fun at the same time," Sergeant Smith said.

The lock-in fee is \$15 per child, which includes dinner, snacks, and a continental breakfast. It is limited to the first 50 to sign up. For

more information about the event or to sign up, contact Staff Sgt. Natasha Carter at 449-8397.

The AAHA will host a commemorative luncheon Feb. 20 at 11:30 a.m. on the Officers' Club Lanai.

The scheduled guest speaker is Col. Dartanian "Doc" Warr, Air Force Material Command inspector general.

The luncheon is an excellent opportunity for Team Hickam to come together in the spirit of fellowship and community, according to Master Sgt. Quinton Perry, AAHA vice presi-

dent.

"We want all of our events to be enjoyed by all of the Hickam community, not just African Americans," Sergeant

Perry said.

"This month's celebration is just a way to share and showcase the contributions made by African Americans helping to shape our great nation."

Tickets are \$10 for club members, \$12 for non-club members. For more information or to sign up for the luncheon, contact Master Sgt. Debra Jamison at

448-4358. The final event is a 3-on-3 basketball tournament Feb. 21 and 22, scheduled to start at 10 a.m. at the base fitness center.

There will be three divisions, each having their own intense competition but with one common goal, according to Master Sgt. Nate Stephens, AAHA event coordinator.

"The tournament divisions are for 13 to 16-year-olds as well as a women's and men's division," Sergeant Stephens said. "The tournament is a unique way to promote Dr. Martin Luther King's dream of many different ethnicities playing together to achieve a common goal."

"Black History Month is not about being black," he said. "It's about black awareness and promoting equal opportunity."

The tourney cost is \$20 for 13 to 16-year-olds, \$25 for adults. Deadline for entries is Feb 13. For more information or to sign up for the tournament, contact Sergeant Stephens at 448-0433.



Hickam Eagle Eyes Program: *Recent events on base prove need for vigilance*

By Tech. Sgt. Mark Munsey
Kukini Editor

Two incidents in January and a pattern of thefts in November have once again validated the need for personal awareness.

Though unrelated, the potential force protection implications give them a common thread, according to base Office of Special Investigation officials.

OSI was notified Jan. 21 that an approximate 20-foot section of barbed wire had been cut from the top of the perimeter fence in the area near the base youth center, they said. The cut was discovered Jan 19 by 15th Security Forces Squadron members.

The section of barbed wire was cleanly cut off the fence and lying on the ground outside the perimeter fence.

This discovery came just eight days after OSI was notified a 4-foot high by 4-foot wide gap had been cut in the base perimeter fence approximately 100 yards from the intersection of Kokomalei St. and Aupaka St., again near the base youth center, OSI officials said. The fence had been cut on the top and side, pulled back, and restrained with a white plastic zip tie.

Inspection of the cut fence revealed the fence was not rusty, which was indicative of a recent cut.

While the SFS personnel routinely patrol the perimeter fence, first line of defense is the housing occupants who reside near the fence, according to SuAnn Rolick, OSI special agent.

"Law enforcement cannot be everywhere at once," Agent Rolick said. "It's important everyone takes a personal interest to notice anything out of place and report it."

Another force protection concern that merits individual vigilance is maintaining DD Form 2220s (base vehicle decals), she said

OSI was notified Nov. 23 the base vehicle decal was stolen from an individual's vehicle. The member reported that Nov. 10 the decal was taken from his vehicle when he was body boarding at Makapu Beach. He reported a second decal was taken from the same vehicle one week earlier while he was body boarding at Sandy Beach. The member reported nothing else was taken and no other damage was done to the vehicle in either incident.

Despite heightened security precautions that mandate a



Photo by Jerry Banks

Staff Sgt. Ricardo Prater, 15th Security Forces Squadron, informs fellow squadron member and base housing member Master Sgt. Charles Mansfield and his two daughters, 8-year-old Victoria and 3-month-old Keely, about the Eagle Eyes program. The briefing was part of an OSI Ohana Nui Circle door-to-door neighborhood awareness project Jan. 28.

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100-percent identification card check at Hickam's gates for anyone trying to enter the installation, vehicle decals can still help unauthorized members gain access and need to be safeguarded, Agent Rolick said.

"Vehicle theft is one of the most common crimes on Oahu, so don't park your vehicle in high-theft areas," she said. "Remember to remove DD 2220's from your vehicles if you sell them, and if you notice your DD 2220 is missing report it immediately to security forces."

The vandalism at the perimeter fence and the stolen vehicle decals are just a few of the many activities that warrant Eagle Eyes notification, she said.

"Suspicious behaviors to be reported through the Eagle Eyes program include surveillance, elicitation of information, tests of security, acquiring of supplies and suspicious persons out of place," she said. You can report suspicious behavior 24 hours a day by contacting the security forces at 449-6372 or 449-6373.



U.S. AIR FORCE
EagleEyes
WATCH.REPORT.PROTECT.

News Notes

Trespass notice

The combat arms small arms range, located on Schofield Barracks, is off limits to everyone except those scheduled for training. Trespassing is not only illegal, but also potentially dangerous due to gunfire. For more information, contact Tech. Sgt. Suzanne Silkett or Staff Sgt. Shaun Hermes at 655-5086.

15th CES test drains

Civil Engineering will be conducting a base-wide dye test of the storm drains during the month of February. Don't be alarmed if the waters in the drainage canals are fluorescent yellow and green. All dyes used are non-toxic to aquatic life, animals and humans and are biodegradable. For more information contact Dennis Yee at 448-4440 or Delwyn Ching at 449-3124.

Tax center open

The Hickam Tax Center is now open for business. To get more information or to set up an appointment, contact the center at 448-0712.

Adopt-a-stream

Team Hickam, in conjunction with the City and County of Honolulu, will be sponsoring an Adopt-A-Stream cleanup effort Feb. 21. Volunteers will be cleaning up three streams in the Waimanalo area. Volunteers will meet at 7 a.m. Feb. 21 in the Burger King parking lot and will return around noon. Participants will drive privately owned vehicles to the cleanup sites. Personnel without POVs will be able to carpool with other participants. Maps will be provided to those wishing to drive their vehicles. Children 12 to 18 years of age are allowed to participate as well. Gloves and trash bags

will be provided. Those wishing to volunteer should contact Senior Master Sgt. Greg Summers at 449-0332 or 218-0548 or email at gregory.summers@hickam.af.mil.

SAFE House

S.A.F.E. (Save A Feline from Euthanasia) House cat rescue, a non-profit, all-volunteer program is in need of assistance. Help care for the felines, assist with veterinary or volunteer coordination, join in raising funds or raising awareness of what it means to make a commitment to an animal companion and more. Learn from experienced caregivers and bring your new ideas to help us make this program a greater success. Initial caretaker orientations are the first Friday of every month at 5 p.m. For more information contact the SAFE House at 423-

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2001 or visit on line at www.groups.msn.com/safehousecatrescue program.

PACAF alternate entrance

In order to balance the flow of traffic entering the building from the north side of building 1102, effective immediately, the I Wing door located near the Pacific Air Forces Inspector General Directorate off Vickers Avenue will be open from 5 a.m. to 5 p.m. (Monday-Friday) while in FPCON Alpha. This entrance will not be used as an exit after 5 p.m. For more information contact Chief Master Sgt. David Lewis at 449-4523.

Valentine's Day storytime

The library is sponsoring a storytime Wednesday beginning at 8:30 a.m. The day will feature stories about Valentine's Day as well as a craft project. Also, mark calendars for the

next storytime, scheduled for Feb. 25 at 9:30 a.m. For more information contact the library at 449-7164.

Next Level Dorm Ministry

The Next Level Dorm Ministry will be holding a "Beach Blast" Feb. 13, at Bellows Air Force Station. It is open to all dorm residents. For more information call Staff Sgt. Brian Ruggiero at 449-6562.

HOSC dinner theatre

The Hickam Officers' Club, in conjunction with the Hickam Officers' Spouses' Club, presents the Hawaii Opera Theatre Feb. 13. Cocktails will begin at 6 p.m. on the Hickam Officers' Club Lanai. Dinner is at 7 p.m. The presentation from La Boheme is at 8 p.m. Cost for this function is \$35 per person which

includes dinner and the entertainment. O'Club members will receive a \$2 Member's First discount. Reservations are required by noon Wednesday. Permanent reservations do not apply for this function. For reservations, contact Malia Thompson at 421-1179 (A - K) or Sue Lackey at 422-7283 (L - Z).

NHKS Community Open House

Navy Hale Keiki School's Community Open House is scheduled for Tuesday from 9 to 11 a.m. The school serves the military and civilian communities. Visit classrooms, talk to parents and staff members. NHKS offers preschool for 3 and 4-year-olds up to classes through 2nd grade. Summer and fall registrations begin March 1st for military families and April 1 for non-military families. For more information, call 423-1727 or visit their Web site www.nhks.org.



Made up

Staff Sgt. Marla Page, 735th Air Mobility Squadron, paints some flowers that Katherine hand-picked during the Deployed Spouses dinner at the Hickam Family Support Center Jan 28. Katherine is the daughter of 25th Air Support Operations Squadron deployed Staff Sgt. Warren Williams.

Photo by Mike Dey

School enrollment programs underway

By Alice Patton
15th Airlift Wing School Liaison

It is time to gear up for the next school year, and two important items for this month are early registration for kindergarten and applying for geographic exceptions.

Early registration for kindergarten runs through Feb. 20 for Hickam and Nimitz Elementary Schools.

Parents will need to have the following documentation to register their child:

- Birth Certificate—child must be age 5 by Dec. 31
- Shot Record—child must be up to date on all immunizations
- Proof of home address
- Completed Hawaii Form 14, physical exam verification, or an appointment slip showing an appointment for a school physical

The tuberculosis test is the most important item to have to register your child for school. The TB test must have been given after Aug. 1. The certificate of TB examination and results must include date the

test was given, the reading, and results in millimeters. The TB test is needed for first-time entry into school.

Geographic exceptions are now being accepted for the 2004-2005 school year. Families living outside the boundaries of a school you wish your child to attend, parents must complete a GE form and have it approved by the school principal.

Parents who are moving due to housing privatization and wish their child to continue to attend Mokulele Elementary School next

year will need to complete a GE form and turn it into the school. If families move before school is out this year, no form is needed for the remainder of this year.

For more information on registration or a GE form please contact the school or visit the Hickam School Liaison website at <http://www2.hickam.af.mil>. School contact numbers are: Hickam Elementary School-421-4148, Mokulele Elementary School-421-4180 and Nimitz Elementary School-421-4165.

Feeding base wild animals prohibited

By Tech. Sgt. Alan Williams
15th Airlift Wing Public Affairs

Recently, Col. Ray Torres, 15th Airlift Wing commander signed a policy which places restrictions on feeding wild animals on Hickam.

This new policy was set to enhance the wing's working relationship with the U.S. Department of Agriculture which is responsible for controlling wildlife near and on the airfield shared by Honolulu International Airport and the wing.

"While the bird-strike risks to aircraft operations on Hickam and Honolulu International Airport are well known, recent data by the department indicates that a broader set of safe-

ty risks from other forms of wildlife also exist," said Lt Col. Jeffrey Spear, the 15th AW Safety Office chief.

Minimizing potential aircraft damage from all wildlife, means the wing and the department have to employ wildlife management techniques that complement each other, according to Colonel Spear.

In order to allow the department to effectively execute wildlife management programs, the base must prohibit all Hickam personnel, family members and visitors from participating in any trap-neuter-release programs, actively or passively feeding wildlife, or attempting to establish or sustain wildlife habitats on Hickam property, unless specifically authorized

by the wing commander, Colonel Spear said.

While the safety office did not provide an all inclusive list of examples, the following animals are specific examples of wildlife covered by this policy: local and migratory birds, feral cats and dogs, mongooses and rodents.

There is one exception. Residents of Hickam housing areas are permitted to establish and maintain private bird feeders as long as the feeders do not attract an inordinate number of birds.

People who observe violations of this policy should report them to 15th AW Safety Office at 449-0749 during normal-duty hours or to Airfield Management at 448-6920 after normal-duty hours.

Hickam Enlisted Spouses' Club

celebrates first anniversary, plans future events

More than 25 Hickam Enlisted Spouses Club members joined together in celebration of their first anniversary Jan. 27.

It was an evening filled with social revelry and setting the course for future club gatherings, according to Lora Bowler, HESC president.

They started the night off with a potluck dinner and recipe swap, she said.

Following the meal the attendees played a round of 'White Elephant' with the surprise gifts and prizes for all.

"The purpose of the Hickam Enlisted Spouses' Club is to bring together those individuals who are interested in activities designed to promote good community relations," Mrs. Bowler said. "We engage in and support worthwhile charitable projects and provide recreation and entertainment for its members and to enhance and promote good working relationships.

"In short, we are a group of people that like to have fun and work together for the better good of the community," she said.

The next HESC function is a Mardi Gras celebration, taking place Feb. 24, 6:30 p.m., at the Chapel Annex.

In addition to the celebration, packages will be crated for shipping to Team Hickam's deployed forces.

There will also be a quarterly membership drive on March 30, 6:30 p.m. at the Tradewinds Enlisted Club. A guest speaker will be scheduled and rounds Bingo will be played.

"Our membership drive is an excellent opportunity for Team Hickam spouses to join in and see what we are all about in a fun, social atmosphere," Mrs. Bowler concluded.

For more information, contact Mrs. Bowler at 421-0607, or Wendy Pruitt, HESC vice president at 422-4198. *(Information courtesy of HESC)*



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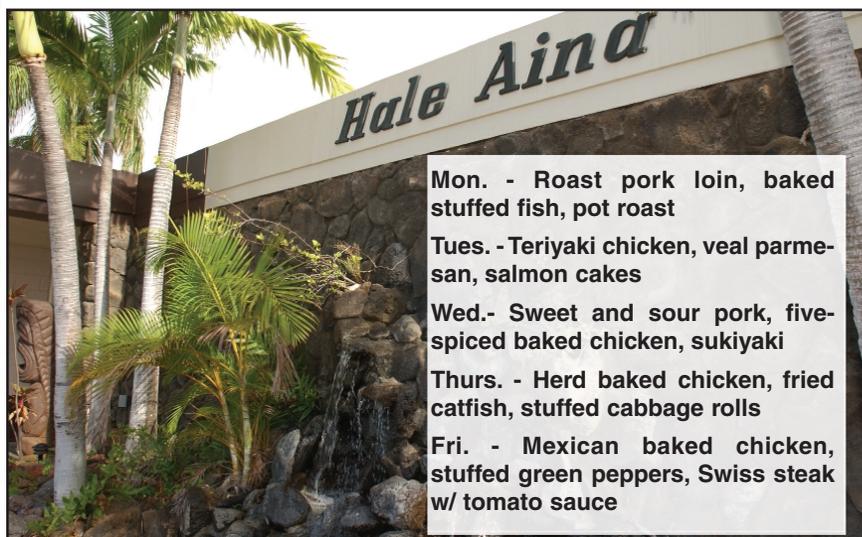
HICKAM Kukini

Refrigerator-worthy events happening on Hickam over the next seven days

Movies

Hickam Grind Time

- Weekly lunch menus at the Hale Aina dining facility, enlisted and officer clubs.

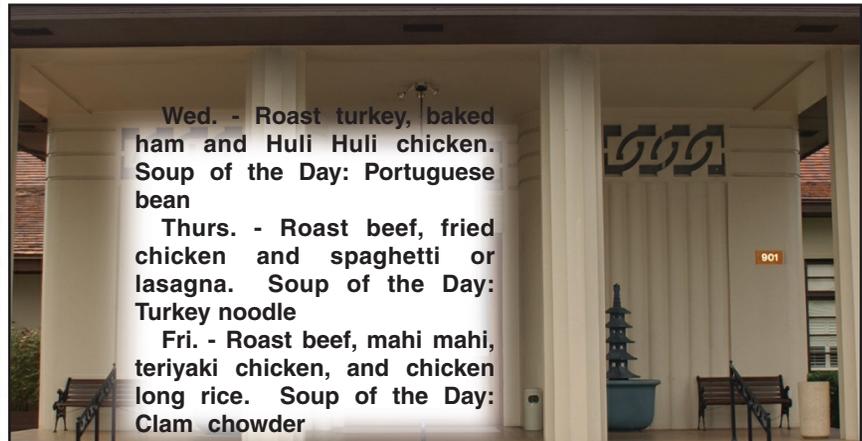


Hale Aina

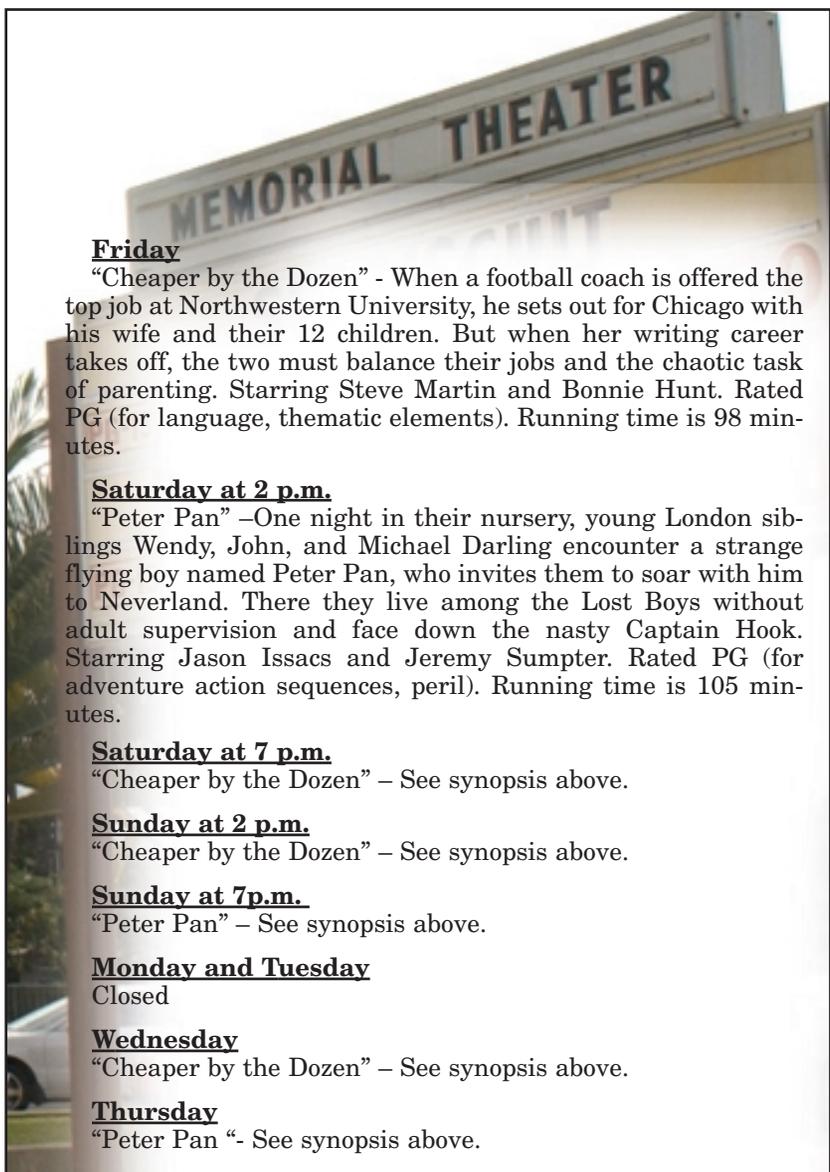
Mon. - Roast pork loin, baked stuffed fish, pot roast
 Tues. - Teriyaki chicken, veal parmesan, salmon cakes
 Wed.- Sweet and sour pork, five-spiced baked chicken, sukiyaki
 Thurs. - Herd baked chicken, fried catfish, stuffed cabbage rolls
 Fri. - Mexican baked chicken, stuffed green peppers, Swiss steak w/ tomato sauce



Mon. - Baked ham, roast turkey, fried chicken
 Tues. - Barbecue ribs, baked chicken, chicken fried steak
 Wed.-Kalua Pork, Beef Stew
 Thurs. - Japanese buffet
 Fri. - Beef stroganoff, chicken milano, seafood newburg



Wed. - Roast turkey, baked ham and Huli Huli chicken. Soup of the Day: Portuguese bean
 Thurs. - Roast beef, fried chicken and spaghetti or lasagna. Soup of the Day: Turkey noodle
 Fri. - Roast beef, mahi mahi, teriyaki chicken, and chicken long rice. Soup of the Day: Clam chowder



Friday
 "Cheaper by the Dozen" - When a football coach is offered the top job at Northwestern University, he sets out for Chicago with his wife and their 12 children. But when her writing career takes off, the two must balance their jobs and the chaotic task of parenting. Starring Steve Martin and Bonnie Hunt. Rated PG (for language, thematic elements). Running time is 98 minutes.

Saturday at 2 p.m.
 "Peter Pan" -One night in their nursery, young London siblings Wendy, John, and Michael Darling encounter a strange flying boy named Peter Pan, who invites them to soar with him to Neverland. There they live among the Lost Boys without adult supervision and face down the nasty Captain Hook. Starring Jason Issacs and Jeremy Sumpter. Rated PG (for adventure action sequences, peril). Running time is 105 minutes.

Saturday at 7 p.m.
 "Cheaper by the Dozen" - See synopsis above.

Sunday at 2 p.m.
 "Cheaper by the Dozen" - See synopsis above.

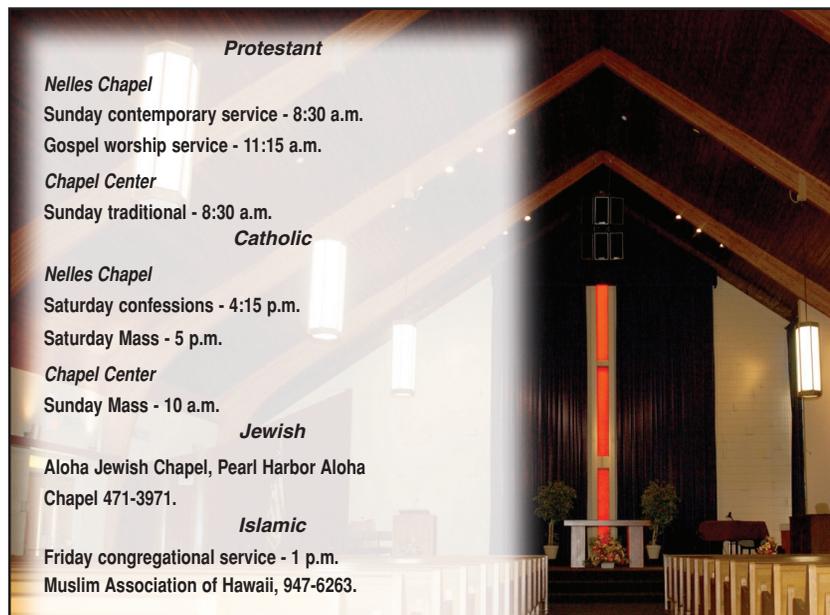
Sunday at 7p.m.
 "Peter Pan" - See synopsis above.

Monday and Tuesday
 Closed

Wednesday
 "Cheaper by the Dozen" - See synopsis above.

Thursday
 "Peter Pan" - See synopsis above.

Chapel



Protestant

Nelles Chapel
 Sunday contemporary service - 8:30 a.m.
 Gospel worship service - 11:15 a.m.

Chapel Center
 Sunday traditional - 8:30 a.m.

Catholic

Nelles Chapel
 Saturday confessions - 4:15 p.m.
 Saturday Mass - 5 p.m.

Chapel Center
 Sunday Mass - 10 a.m.

Jewish

Aloha Jewish Chapel, Pearl Harbor Aloha
 Chapel 471-3971.

Islamic

Friday congregational service - 1 p.m.
 Muslim Association of Hawaii, 947-6263.

Black History Month

By 1st Lt. Tony Wickman
Alaskan Command Public Affairs

ACROSS

1. First African-American U.S. Surgeon General
5. Competition
7. Mon.
10. Article 86-UCMJ topic (abbrev.)
11. ___ Paulo, Brazil
12. African-American prize fighter considered to be "The Greatest"
14. First African-American astronaut in space
17. Center
18. Roots African-American author
20. Balkans person
21. Soccer star
22. Capital of Norway
23. Construct
25. Halts
27. Authentic
31. CIA precursor
32. African-American inventor of Synchronous Multiplex Railway Telegraph
35. Debt
36. Sick
37. African-American civil rights activist, NAACP founding member
39. Actress Lupino
41. 60-70s African-American film, theater star Carl
42. Mustang, Explorer, Escort...
43. Title for a knight
45. Famous African-American woman who traveled to speak against slavery

47. Char
48. DoD 5-digit code used to uniquely identify a "typeunit"
50. Spaghetti sauce maker
53. Greek letter
56. Greek island
59. Military phone lines (abbrev.)
60. Youngest, first African-American nominated for Oscar Best Director
61. African-American abolitionist, author, orator
62. Dick Tracy's lady

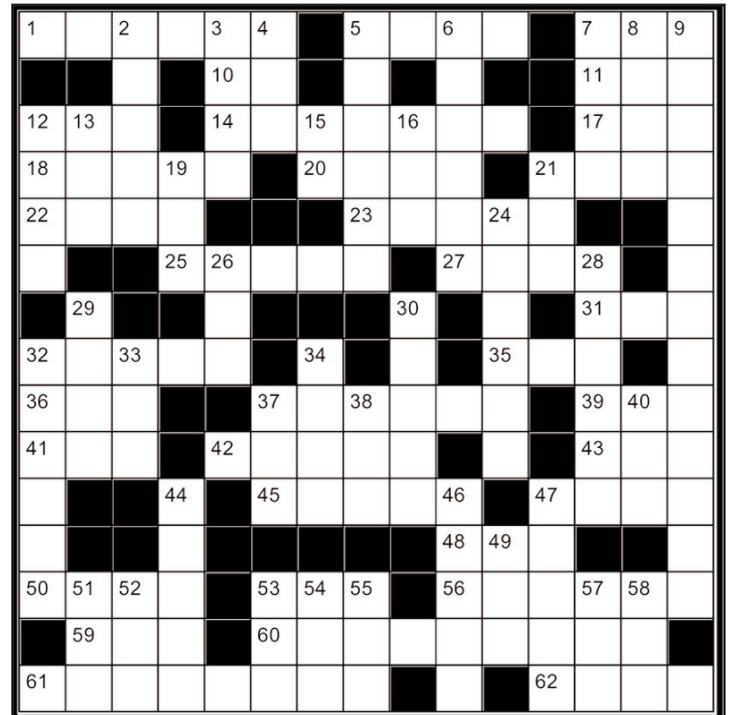
DOWN

2. Bore
3. Precious stone
4. Actor Mineo
5. Firearms
6. African-American innovator in agriculture
7. First African-American to win Wimbledon
8. ___ Cuffe; 1800s African-American civil rights champion
9. First African-American woman to serve in presidential cabinet
12. Ship to shore call
13. ___ Vegas
15. America, briefly
16. Paddle
19. Greek goddess of dawn
21. School grp.
24. Vivid purplish-red
26. ___ the season to be jolly
28. Rosa ___ Parks; African-American called "Mother of Civil Rights"
29. Staff
30. The Road Not Taken poet

32. Little House on the Prairie writer
33. Bullfight cheer
34. Vice President dueler
37. Fleck
38. Military work clothes (abbrev.)
40. Military org. concerned with foreign military intel
44. First African-American ambassador to the United Nations
46. Tosses
47. African-American slave who waged freedom legal battle
49. Article
51. Commotion
52. Military unit not attached to a MOB (abbrev.)
53. Civil war opponent to the Union (abbrev.)
54. Towel marker?
55. Former org. concerned with immigrations
57. Female deer
58. Navy 0-1 (abbrev.)

Puzzle answers below:

E	L	D	E	R	S	R	A	C	E	A	P	R
R	U	A	I	A	S	A	O					
A	L	I	B	L	U	F	O	R	D	H	U	B
H	A	L	E	Y	S	L	A	V	P	E	L	E
O	S	L	O		E	R	E	C	T			R
Y	S	T	O	P	S	R	E	A	L			T
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W	O	O	D	S	B	R	I	O	U	H		
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D	O	U	G	L	A	S	S		S	T	E	S





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U.S. AIR FORCE
CROSS INTO THE BLUE

Men's basketball schedule

Monday

6 p.m. - PACAF CSS vs. 15th CES
7 p.m. - 15th SFS vs. PACAF HQ
8 p.m. - 15th SVS vs. 15th MSS

Tuesday

5:30 p.m. - 15th CS vs. 502nd AOG
6:30 p.m. - 735th AMS vs. 324th IS-B
7:30 p.m. - PACAF RSS vs. HIANG
8:30 p.m. - 15th MDG vs. 352nd IOS

Wednesday

6 p.m. - 324th IS-A vs. 15th SVS
7 p.m. - 15th CES vs. HQ PACAF
8 p.m. - 15th SFS vs. 15th MSS

Thursday

5:30 p.m. - 15th MDG vs. 735th AMS
6:30 p.m. - 502nd AOG vs. HIANG
7:30 p.m. - PACAF RSS vs. 352nd IOS
8:30 p.m. - 324th IS-B vs. 15th CS

Teams not on schedule have a bye that night. Season ends March 25 with any make-up games.

Feb. 17

5:30 p.m. - 735th AMS vs. PACAF RSS
6:30 p.m. - 15th MGD vs. 324th IS-B
7:30 p.m. - 502nd AOG vs. 352nd IOS
8:30 p.m. - 15th CS vs. HIANG

Feb. 18

6 p.m. - 15th MSS vs. HQ PACAF
7 p.m. - 15th SVS vs. PACAF CSS
8 p.m. - 324th IS-A vs. 15th SFS

Feb. 19

5:30 p.m. - 352nd IOG vs. HIANG
6:30 p.m. - PACAF RSS vs. 324th IS-B
7:30 p.m. - 15th MGD vs. 15th CS
8:30 p.m. - 735th AMS vs. 502nd AOG

Feb. 23

6 p.m. - 324th IS-A vs. HQ PACAF
7 p.m. - 15th CES vs. 15th MSS
8 p.m. - 15th SFS vs. PACAF CSS

2004 Intramural Basketball Standings

Monday-Wednesday League

Rank	Team	GP	Wins	Losses	Win %
1	PACAF CSS	4	4	0	1.00
2	15 CES	3	3	0	1.00
3	HQ PACAF	2	2	0	1.00
4	15 SFS	4	2	2	.500
5	15 SVS	3	1	2	.333
6	324 ISA	4	0	4	.000
7	15 MSS F F	4	0	4	.000

Tuesday-Thursday League

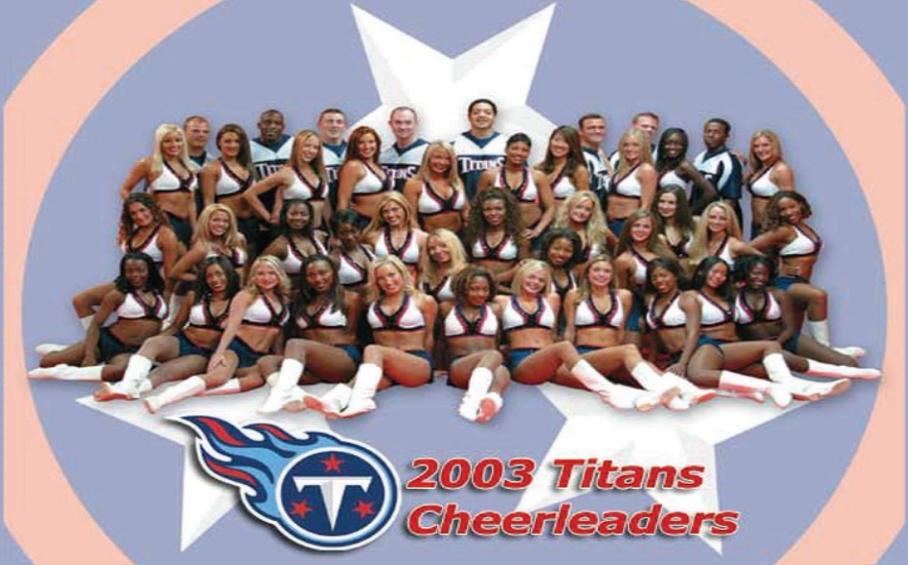
Rank	Team	GP	Wins	Losses	Win %
1	352 IOS	2	2	0	1.00
2	502 AG	2	2	0	1.00
3	15 MDG	2	2	0	1.00
4	PACAF RSS	2	1	1	.500
5	735 AMS	2	1	1	.500
6	324 IS-B	2	0	2	.000
7	HIANG	2	0	2	.000
8	15 CS 2	0	2	0	.000

COMING TO HICKAM AIR FORCE BASE

NFL's Tennessee Titan Cheerleaders!

February 13, 2004

- **Autograph Session at the Dining Facility**
11:30 a.m. - 12:30 p.m.
- **Performance & Autograph Session at the Youth Center**
3 - 3:30 p.m.
- **Performance at the Sea Breeze Restaurant**
5:30 - 7:15 p.m.
- **Play "The Dating Game" with the Titan Cheerleaders at the Sand Bar & Grill**
8 - 9 p.m.



For more information,
call the Community Center
at 449-3354.

PACAF RSS wins a thriller against 502nd AOG



Photos by Angela Elbern

Top: Earl Mitchell, PACAF RSS defends 502nd AOG's Travis Clark in the first half of intramural basketball action Tuesday night.

Right: Malachi Hayes, PACAF RSS, blocks the shot attempt of Franc Cadet, 502nd AOG, during the second half of the basketball game.

By Tech. Sgt. Mark Munsey
Kukini Editor

Pacific Air Forces Regional Supply Squadron edged 502nd Air Operations Group team 50-46 in Tuesday night intramural action.

Earl Mitchell sank a pair of free throws to put PACAF RSS up 43-38 with under two minutes left, leading PACAF RSS to the victory and evening each others record at 2-1 early in the intramural season.

Overcoming an MVP-worthy performance by 502nd AOG's Travis Clark, the PACAF RSS team used some time-ly long-distance shooting and a stalwart defense in the second half to win a game where neither team could break a two-possession lead.

Clark set the defensive standard early and often, recording his first block seven seconds into the game. It was the initial of his four blocks in the first half, seven in the game.

The lead was exchanged back and forth throughout the first half.

With time running down in the first half, Clark nailed a three-pointer from NBA range to send 502nd AOG into the locker room up three, 23-20.

Clark had 13 of his teams' 23 points, Gilbert Ignacio added six and Charles Williams rounded out the team scoring with four.

PACAF RSS had a more balanced scoring attack. Maurice Walker, Malachi Hayes and Mari Crumbley all scored four points, and Mike 'Ski' Katowski and Earl Mitchell added three points apiece.

At intermission the PACAF coach stressed defense, and it paid off handsomely.

"As a unit, our defense came alive in the second half," PACAF RSS Coach Vernon Clark said. "Maurice Walker came off the bench and really tightened up on Clark."

Katowski had two quick three-pointers to start the second half, putting PACAF RSS ahead 32-31, a lead they would never relinquish.

