

Meaning swift and valued runner, the *Kukini* in ancient times took news from one Hawaiian leader to another.

HICKAM *Kukini*

Serving the Air Force Hawaii Community

HOT TOPIC

New school pedestrian route established.

- See Page 3.

Vol. 11, No. 34

Aug. 27, 2004

Hickam AFB, Hawaii



Photo by Mike Dey

De-play-ment

From left Tech. Sgt. Dan Parker, 15th Security Forces Squadron, stands guard as Austin Baumgart, 9, and Lenn Eckman, 9, listen to Staff Sgt. Harlan Dredge, 15th SFS, talk about gun safety during their Operation Hele On 'deployment' Aug. 20. For more on the Hele On program, turn to Page 12.

Service to others CFC 2004 program set to begin

By Tech. Sgt. Mark Munsey
Kukini Editor

The six-week base Combined Federal Campaign 2004 kicks off Sept. 7.

'Service to Others' is the theme of this year's campaign, the annual fund-raising drive conducted by federal employees on base each fall.

Last year Team Hickam contributed more than \$400,000 to the CFC, but the CFC gave back even more, according to 1st Lt. Wally Lee, Hickam CFC project officer.

"In the Hawaii-Pacific region, the CFC distributed more than \$5.5 million last year, much of that here on Hickam," Lieutenant Lee said.

Not all of the donations are overt, he said.

"So many of us, along with our family members, are unknowingly touched by these national and local charities who participate in the CFC

campaign; whether it was a pint of blood, the discovery of a life-saving medicine, life-altering prosthetics, or counseling services," he said. "Assist your favorite charity to touch the lives of others and seize the opportunity to say 'thank you' by contributing through the CFC."

Federal employees and military personnel raise millions of dollars through the CFC drive that benefit thousands of non-profit charitable organizations, he said.

Representatives within each organization will contact personnel during the campaign to ensure they're afforded the opportunity to contribute to their favorite charities.

The recommended contribution is one hour's salary per month for one year to be set up as a payroll deduction, but anyone is free to donate via one-time contribution.

That's a small price to pay for the services the

CFC supports, according to Col. Ray Torres, 15th Airlift Wing commander.

"CFC has a charity to meet everyone's interest," Colonel Torres said. "There are local charities and ones that provide support around the world. Our desire is to ensure supervisors take the time to have their volunteers trained and allow 100 percent contact with Team Hickam to ensure our personnel understand this important program. The CFC is our annual chance to contribute to those less fortunate and make a difference."

Unit representatives will assist everyone in completing their CFC donor card and answer any questions regarding the program.

For more information about the Hawaii-Pacific CFC, contact Lieutenant Lee at 449-0331 or visit Web site <http://www.hawaii.navy.mil/cfc2004/index.html>.

Sexual harassment in my squadron – no way

By Lt. Col. Steve Jordan
15th Operations Group deputy commander

The Air Force leads our society in the protection of our people's civil rights. I witnessed this first hand as a 'military brat' during the civil rights movement and throughout my career.

I've seen continuous improvements through education, strong leadership, and a zero tolerance policy for those who defy the law. However, despite all these advances, it would be foolish to assume some form of civil rights abuse is never going to occur in your organization.

As a former squadron commander, I took the sage advice offered during pre-command training and established my policies for equal opportunity and sexual harassment, laying down the law at my first commander's call — zero tolerance ... don't even think about it!

Little did I know one of my senior noncommissioned officers had been abusing his subordinates for nearly two years.

Several members of my squadron were victims of harassment on and off duty. The harassment was manifested in a hostile work environment, including incidents of assault and sexual harassment.

The perpetrator supervised a section of air traffic controllers and students. Although the individual ended up doing jail time and reduction in grade to senior airman, he left behind a wake of turmoil that took years to resolve, not to mention the individuals who separated in order to avoid the harassment, or the victims who may have been emotionally scarred for life.

What could've prevented this from occurring?

Open lines of communication and some good old-fashioned mentoring. Unfortunately, the chain of command broke down, and the victims were either afraid to speak up for fear of reprisal, or were discounted by the flight commander when they did complain.

Thank heaven one brave individual finally brought the situation to the attention of my first sergeant who conducted an informal investigation and quickly uncovered significant evidence of harassment. I immediately removed the individual from supervisory duties and launched a formal investigation that culminated in a court-martial for the supervisor and an Article 15 for the flight commander.

A lesson learned from this unfortunate event is everyone must have an equal opportunity to voice

their concerns. Commanders and supervisors must ensure their people know these avenues exist and will be supported. This is the law!

In this case, the flight commander placed this individual in a top supervisory position because he perceived an atmosphere of unprofessional behavior existed within one of his sections. He wanted to 'tighten things up' and believed the master sergeant was the right person for the job because of his strong personality.

After the harassment began, complaints aired within the flight, but the flight commander ignored them, believing they were gratuitous and merely a result of the master sergeant laying down the law.

As I mentioned, it took more than a year for someone to muster enough courage to come forward. Don't assume a memo on a bulletin board will get the word out.

What have I learned from all of this? Commanders and supervisors must get out of their offices and away from the e-mail and talk to their people; your people may be afraid to come to you. Tear down barriers that prevent anyone from knocking on your door.

Lastly, if you hear a rumor, investigate it regardless of how much you trust the individual involved.

Action Lines



Col. Ray Torres
15th Airlift Wing commander

The purpose of the Action Line is in its name – it's your direct link to me so we can work as a team to make Hickam a better community. It also allows you to recognize individuals who go "above and beyond" in their duties –

and we all know there are plenty of those folks here. All members of Team Hickam are welcome to use the Action Line, however, I urge you to give the normal chain of command the first crack at resolving problems or issues. It's only fair to give our commanders and managers the first opportunity to work issues under their responsibility. If you have done this and are still not satisfied, give my commander's Action Line a call. If you want me to get back to you, leave your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response. I'll work your issue and respond verbally or in writing. The Action Line number is 449-2996. Messages may also be sent by e-mail to 15aw.pal@hickam.af.mil.

Maybe a 'Thank You' is in order

By Geoff Janes
78th Air Base Wing Public Affairs

ROBINS AIR FORCE BASE, Ga. (AFPN) - Have you ever watched someone right before he or she cries? It's a very humbling experience.

Picture Staff Sgt. So-and-So getting off the refueling plane at his home station. He puts his right foot on the flight line and looks around for his family or friends. It has only been 45 days, but it feels like an eternity.

In the waiting crowd, there she stands -- all 39 inches of her -- smile wide as the Nile, flag in her hand. "Daddy!!!" she cries.

He drops his bags, leans down and swoops her up like a stack of money. But her grasping little arms around his neck are worth more than any paycheck, more than any 5,000 square-foot house, Jaguar, Mercedes, Ping golf clubs, CDs, whatever.

At another time, someplace else, a female warrior straightens the collar on her uniform as she steps off the surveillance plane. She stands proud. She didn't have to worry about anything. He had it covered.

In the crowd her son holds a piece of poster board that he and daddy have written "Welcome Home Mommy" in black magic marker. Her little angel has cut out pictures from his favorite comic book and pasted them to the poster. Everyone needs a hero.

Blue, brown, green and hazel eyes, they all well up like someone has turned on a faucet. The eye brims, it leaks, it breaks the dam

of an eyelid and streams down a face covered with sadness and happiness mixed with uncertainty.

They are home, and all you can do is watch, watch and pray for good things. Pray for happiness, pray for peace, pray for all of them.

And as you watch the homecoming, you think, "If you haven't thanked a military member lately, you should."

I remember being on the Fort Benjamin Harrison, Ind., burial team during my time in the Army. I remember saluting the dead.

And I remember the tears, tears that could humble even a saint.

Maybe I'll go tell my neighbor, with his Air Force flag and his starched uniform, how much I appreciate what he's been doing for my country.

Maybe we'll talk politics or religion, maybe we'll talk about fishing, or how good it feels to be helping a country that needs a hand. And all the while, I'll know in my heart that it's all because of people just like my neighbor.

I think we all need to remember the fact that our friends and family members who wear the uniform press on with their duties regardless of the world situation. Other countries in the world have had their armies disintegrate because of casualties. Their people were not dedicated to the cause they served. That is what separates them from the mightiest nation on earth, the United States of America.

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Deadline for copy is 1 p.m. Friday for the following Friday's issue. Copy must be typed, double-spaced 12-point type, 400 - 600 words in length, and e-mailed to the address above.

Crisis Response Lines

Hickam Family Support Center
449-0300

Life Skills Support Center
449-0175

Law Enforcement Desk
449-6373

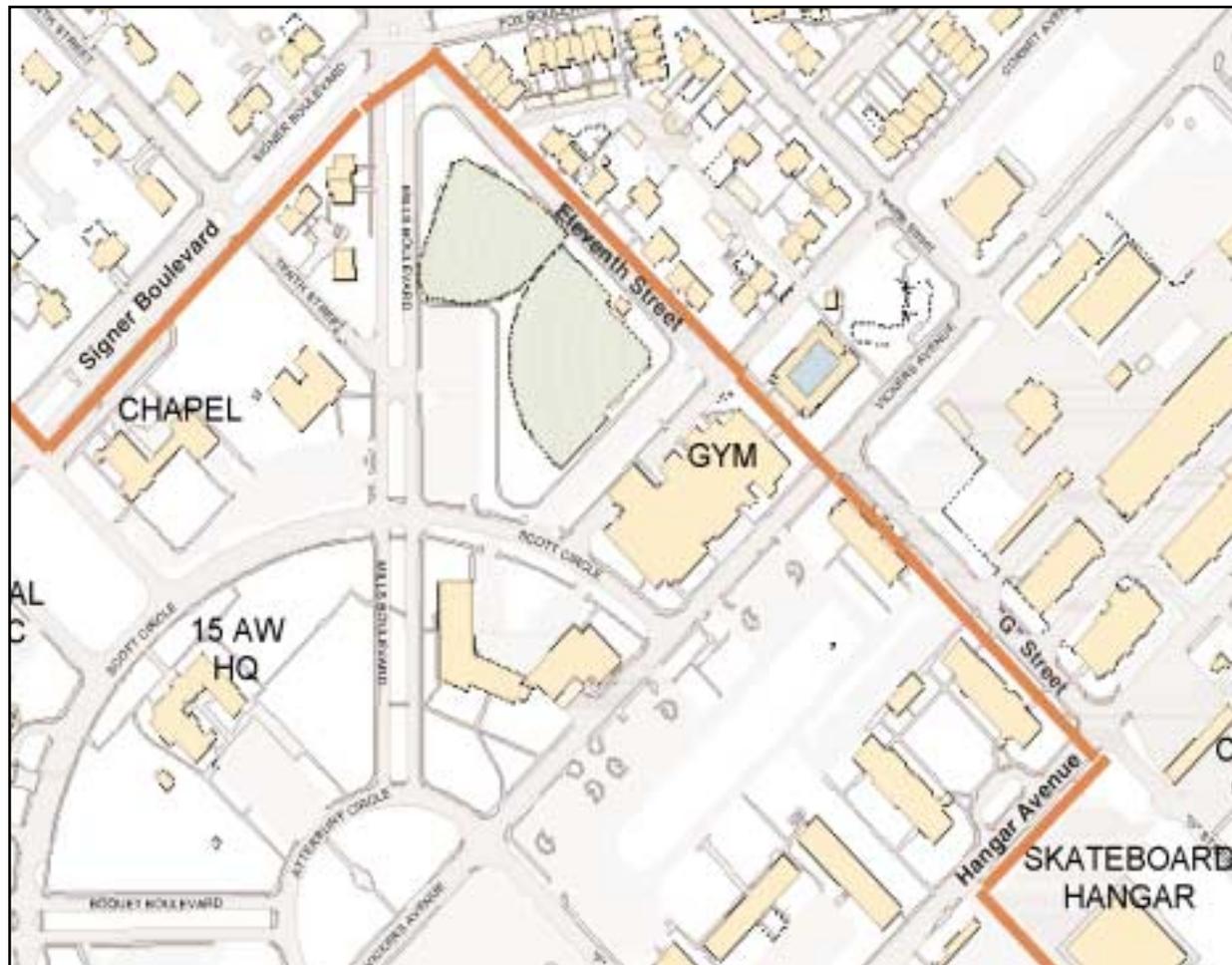
Base Chaplain
449-1754



Induction

Tech. Sgt. Eric Nollman, U.S. Pacific Command, walks through the saber cordon during the Senior Noncommissioned Officer Induction Ceremony Aug. 20. He is flanked by, from left, Chief Master Sgt. Edy Agee, Pacific Air Force Inspector General's office, Senior Master Sgt. Helen Noel (background,) Family Support Center, and Chief Master Sgt. Ken Kirtley, 15th Comptroller Squadron.

Photo by Angela Elbern



School pedestrian route

Base schools are now back in session. To avoid two heavy-traffic congestion areas, base leadership recommends that pedestrian traffic heading to Hickam Elementary School use the following route: right on Hangar Ave; left on 'G' street (staying on

TLF side of road); cross over Vickers Ave; stay on sidewalk between base fitness center and Pool 1; emerge and follow 11th Street; left on Signer and use crosswalk in front of Nelles Chapel. For more information, contact Alice Patton at 448-5236.

Commissary case sale set

By Tech. Sgt. Mark Munsey
Kukini Editor

The next Hickam Commissary Case Sale is scheduled for Sept. 18 and 19.

The sale, a commissary tradition since 2001, is scheduled to run from 8:30 a.m. to 5 p.m. on both days.

There will be something for everyone, according to Tom Doyle, commissary director.

"More than 70 items will be featured, with savings up to 63 percent," Mr. Doyle said.

With more than \$55,000 in patron savings from the last case sale, the additional value of these events are clear, he said.

"The case sale is another example of how shopping the commissary, extends the purchasing power of military families," Mr. Doyle said. "It's another example of our commitment to Team Hickam to make the commissary your most valued benefit."

Information on specific items for the sale can be found on the DeCA web site, www.commissaries.com, following the case link to the Hickam Web page

Sale flyers will also be distributed in the store prior to the sale.

Commissary shoppers normally save an average of 30 percent or more by using their commissary benefit, but case lot sale shoppers save of up to 50 percent on popular paper goods, canned goods, cleaning products and more, according to commissary officials.

For more information, contact Mr. Doyle at 449-7692.

C-17 Ground breaking ceremony complet-

1By Capt. Tricia Teran-Matthews
Chief, 15th Airlift Wing Public Affairs

Base and community leaders broke ground last week on facilities that will house the Air Force's newest squadron of C-17s.

The arrival of the C-17 Globemaster IIIs culminates the transformation of the wing into a Pacific Mobility Hub.

During the ground breaking ceremony, Col Ray Torres, 15th Airlift Wing commander noted, "Today is milestone one in preparing for enhanced support to the war fighter in the Pacific Theater." Bringing the C-17 into the Pacific theater and Hickam Air Force Base not only enhances support to the war fighter, it can aid in humanitarian relief when called upon by our nation, he said.

Eight C-17s will be built and scheduled for delivery to Hickam, creating the new 535th Airlift Squadron. The 535th will be an active duty C-17 squadron, while the 204th Airlift Squadron will remain a guard unit, converting from C-130s to C-17s. The blend of active duty, reserves and Hawaii Air National Guard personnel involved symbolize the commitment to support the C-17 readiness, mobility and humanitarian missions across many fronts.

The C-17s have the unique and efficient ability to carry almost four times the amount of C-130 cargo load, which means more resources are transported in less time. "Another strategic benefit of the C-17 is its ability to land on a short runway, which opens up thousands of additional runways for use in varying conditions around the world," said Lt Col Chris Davis, 15th AW Operations Support Squadron commander.



Photo by Mysti Bicoy

From left Hawaiian Kahu Kordell Kekoa, Col. Ray Torres, 15th Airlift Wing commander, Steve Grief, Kiewit Pacific, Col. Peter Pawling, Hawaii Air National Guard 154th Wing commander, Army Brig. Gen. Larry Davis, Pacific Ocean Division commander, U.S. Army Corp of Engineers, Maj. Gen. Robert Lee, HIANG Adjutant General, Gen. Paul Hester, Pacific Air Forces commander, U.S. Sen. Daniel Inoyue and U.S. Rep. Neil Abercrombie prepare to break ground on the C-17 facility.

That ability gives the warfighter greater flexibility in determining how and where to transport resources and personnel, often in time-critical situations, he said.

Colonel Davis has personally seen the span of support the C-17 provides. His missions have ranged from transporting Red Horse teams and equipment to the southern tip of Columbia for a school building project, to carrying more than a million tons of cargo that included food rations, vehicles, building supplies and

much more, during a 45-day deployment to Qatar and Afghanistan.

"Anything, anywhere, anytime..." are words made famous by Maj Gen William H. Tunner more than 50 years ago. General Tunner successfully orchestrated the India-China, "Hump" airlift in 1944, the Berlin Airlift in 1948-49, and the Korean Airlift effort. His words continue to hold true as we consider what our mobility air forces accomplished in the distant and recent past as well as what our C-17s have to look forward to in the future.

47 Airmen walk across stage at Hickam's ALS graduation

By **Master Sgt. Tammy Whitney-Rush**
Professional Military Education Center
Director of Education

The Hickam Professional Military Education Center hosted the graduation banquet for Airman Leadership School Class 04-D Wednesday.

More than 270 guests were treated to an entertaining evening highlighted by guest speaker Chief Master Sergeant Michael Stephenson, the Senior Enlisted Leader to the Chief, National Security Agency Pacific, Camp HM Smith, Hawaii.

Staff Sergeant William Prentice from the PACAF Air Intelligence Squadron garnered top honors as the John L. Levitow Award recipient.

Staff Sergeant Melanie Tinoco from the 17th Operational Weather Squadron earned the Academic Achievement Award and the Distinguished Graduate Award.

Senior Airman William Fish from the 15th Communications Squadron earned the Leadership Award. Other Distinguished Graduates included Staff Sergeant Kirsten Schroering from the 15th Civil Engineer Squadron, Senior Airman Brewster Knott, Jr. from the 735th Air Mobility Squadron, and Senior Airman Walter Manuel Cintron from the 56th Air and Space Communications Squadron.

During the class, the students collected almost \$500 worth of canned goods, food, clothing, children's toys and money for the local homeless shelter and soup kitchen. In addition, they spent numerous hours assisting with the restoration of the U.S.S. Missouri.

Upon graduation from ALS, each student receives nine semester hours of college credit from the Community College of the Air Force. Graduation



Photo by Mark Bates

Staff Sgt. William Prentice, PACAF Air Intelligence Squadron, talks to Command Chief Master Sgt. James LeVack, 15th Airlift Wing. Sergeant Prentice was awarded the John L. Levitow award at Airman Leadership School Class 04-D graduation Wednesday.

from ALS completes the first of three levels of Air Force professional military education.

Other graduates of Class 04-D are:

15th Aeromedical Dental Squadron
Jeremy Fisher and Sarah Nicholas
15th Aircraft Maintenance Squadron
Marcus Verkler
15th Civil Engineer Squadron
Michael Corser
15th Communications Squadron
Jeremy Asher, Jason Carpenter, Sarah Garcia, Stuart Miller and Samirah Quinones
15th Medical Operations Squadron
Danielle Eaton
15th Mission Support Squadron
Nichlas Fuentes
15th Mission Support Squadron, Det. 1
Kathleen Valenzuela
15th Security Forces Squadron
Tonya Macy and Jeffrey Smith
15th Services Squadron –
Sean Winner
25th Air Support Operations Squadron
Kacy Mustain
56th Air and Space Communications Squadron
Theyer Castro, Jason Joyce and Michael Karr
324th Intelligence Squadron
Shane Charles, Maria Cruz, Geneva Farmer, Zachary Hinkle and Devin Quirozoliver
735th Air Mobility Squadron
Zachary Brown, Lucas Foster, Joshua Gurrobat, Shawn Johnson, Jeremy Logan, Kelly Mahan, Jeremy Red, Jarrod Shaffer, Sergio Siacunco and Roberto Vazquez
Joint Intelligence Center Pacific
Ingrid Lopez and Shaun Wright
PACAF Air Postal Squadron, Det. 4
Soknara Kuch
PACAF Computer Systems Squadron
Clayton Horning and Alexis Stranko
PACAF Regional Supply Squadron
Kevin Jordan and Ryan Macomb

There is help available

Keys to managing your depression

By Staff Sgt. Kindra Cadet
Life Skills Support Center

It's normal to 'get the blues' now and then.

Sometimes feelings of sadness can develop into depression, a more serious condition that can affect a person's work and personal life.

Depression is a problem more prevalent than most would think, according to Dr. (Capt.) Celene Fyffe, Hickam Life Skills Flight psychologist.

"Depression is so common in the United States that it is often called the 'common cold' of mental health problems," Said Captain Fyffe. "Typically, half of the American population can expect to experience at least one depressive episode in their lifetime."

Many people suffering from depression go untreated because they simply do not recognize that they have a treatable condition or are ashamed to seek help, she said.

Typical symptoms of depression include sadness or irritability, problems sleeping, poor

appetite or overeating, and loss of interest in work, sex or recreation.

Other symptoms include low energy, difficulty concentrating and making decisions, crying spells and even suicidal thoughts.

If a person has many of these symptoms more days than not over a two-week period or a few symptoms over a period of months to years they may have depression which merits evaluation by a trained professional, including family practitioners or providers at a local mental health clinic.

Treatment can consist of individual or group counseling, medication, changes in thinking and behavior patterns, and skill building in a self-care program.

Dr. Fyffe said that for those unwilling to seek professional care, there are several strategies people may apply on their own to reduce depressive symptoms such as getting sufficient exercise or increasing personal activity level, getting enough rest, practicing good nutrition, getting sufficient sunlight and avoiding alcohol.

"All of these strategies are thought to work in a similar manner as antidepressant medication," says Dr. Fyffe. According to the doctor, people can help themselves by increasing rewarding experiences and pleasurable activities, making efforts to improve relationships and communication skills, reduce overly negative thinking, attempt to change the focus from 'problem-oriented' to 'solution-oriented.'

According to Dr. Fyffe, the more coping strategies a person adopts over time, the more successful they will be in reducing depression. To avoid overwhelming yourself, she recommended people pick one or two strategies, try them for a few weeks, and then add others later.

"There is not one approach that works for everyone," Dr. Fyffe said. "Instead there are several approaches that can be tailored to meet an individual's needs."

The Life Skills Support Center offers a variety of treatment options and can be reached at 449-0175.

Patience is key to post-deployment reunification

By Staff Sgt. Tiffany Lawless
Family Advocacy Program

Many members of Team Hickam are completing Air Expeditionary Force deployments and returning home to loved ones.

Just as their deployments were fast paced, it's equally important to change gears upon returning to the home front, according to Capt. Chad Johnson Family Advocacy Program officer.

"Two words to remember when returning from deployment or preparing for a deployed loved one's return - go slow," said Captain Johnson. "Reunification with family members and friends following a deployment is often an extremely joyous occasion, and just like any joyous occasion, it takes careful planning.

"Reunion is a process, not a single event," he said.

Just as one would spend time preparing for deployment by reviewing checklists, attending training, putting a family care plan together and packing a bag, preparation for reunion should be thought out carefully.

Separation from friends and family members typically results in some level of anxiety about reunion. While mild levels of anxiety are not unhealthy, it's important to consider adjusting your attitudes, thoughts and feelings accordingly.

"Taking a look at what we expect from ourselves and others following a deployment allows us to better plan for what we will actually say, do, feel and think," Captain Johnson said.

Reunion with a spouse, children and co-workers can be exciting, awkward, even frightening. Like old friends who have not seen each other in a long time, a 'catching-up' period should be anticipated.

During the deployed member's absence, changes have occurred. Family members have most likely changed routines and procedures, work centers have made adjustments, and children may have grown more attached to their primary caregiver. These changes are normal and healthy, and usually occur during the service member's absence.

Expecting a 'change of command' ceremony to take place at the door or to have all of these situations revert to the previous status quo immediately upon return is unrealistic. It's important to take enough time and space to adequately adjust following return from deployment.

"Often active duty members are separated from their families, friends and workcenters for months, and it is natural to want to jump right in to a sense of normalcy," Captain Johnson said. "Allowing readjustment to occur at its own

pace rather than 'forcing it' is one of the keys to a successful reunion."

For those who experience long-term adverse affects, help is available, according to Dr. (Capt.) Celene Fyffe, Hickam Life Skills Flight psychologist.

"Apart from a brief re-adjustment period, post-deployment reunion is relatively painless for most families," Captain Fyffe said. "However, in the unlikely event that after four weeks you are still experiencing difficulty with your mood, relationships or work, you may want to seek professional assistance."

Many services are available at Hickam to assist families with reunion, or if problems begin surfacing after a deployed member's return. The Family Support Center and base chapel can provide information and counseling services. In addition, the Life Skills Center can be contacted at 449-0175.



Minister Summer Guidry – The Hickam Chapel is sponsoring “Woman-2-Woman” Healing hearts – changing lives, winning souls Minister Summer Guidry at the Hickam Chapel Center Saturday from 8:45 to 10:45 a.m. Immediately following the speaker, there is a breakfast fellowship. Members of the Hickam Gospel Service are asked to bring a breakfast item. For information, call Evangelist Felicia Carr at 423-7106 or Kenya Stokes at 448-0904 or 422-5517.

Kuntz Gate closed Monday – The Kuntz gate will close Monday for the contractor time to set-up the traffic control plan for phase II. It will re-open Tuesday. For more information call Tech. Sgt. Robert Padar at 449-6641.

MHEN – Military Home Educators Network is holding a meeting Monday from 3 to 7 p.m. at Scott Pool Pavilion Pearl Harbor Naval Station. They will teach about field trips, meeting topics and youth group. MHEN will provide the main dish and ask for attendees to bring a side dish or dessert to share and to provide their own drinks. For more information, contact Kris Loeffelbein at 421-1959 or Susan Wilson at 422-7574.

Fitness Center construction – The Fitness and Sports Center staff has announced there is limited hot water and air conditioning and a disruption of the gymnasium floor due to a roofing project which is scheduled for completion Sept. 10. Patrons are asked to use care in the gymnasium area. For more

information call the fitness center staff at 449-1044.

College registration kicks off Monday – Fall registration starts Monday and runs until each school's late registration date. The first day of classes is Oct. 4. Military members need to visit their college/university for course information. Military tuition assistance forms for courses beginning in FY05 will be issued after Sept. 30 at the Base Training and Education Services. People who have missing grades from previous courses, will need to bring in grade report before new TA can be issued. Contact BTES at 449-6363 for questions.

BTES limited services – The Hickam Base Training and Education Services staff will be attending a PACAF sponsored Air Force Automated Education System training Tuesday to Thursday. Service is limited to testing and CCAF appointments. Normal service will resume Sept. 3. Please plan accordingly. For more information call 449-6363.

HESC – The Hickam Enlisted Spouse's Club is scheduled to meet Tuesday at 6:30 p.m. in the Chapel Center. Representatives from the Joint Spouse's Conference will give an overview of this year's conference. After the presentation will be a fun version of movie trivia to coincide with a gathering of DVD's, popcorn and candy for the deployed troops from Hickam. Attendees are invited to bring a movie inspired donation of DVD's, popcorn or candy to send to deployed Airmen. Members are also asked to bring an appetizer to share. For information, call Wendy Pruitt at 422-4198.

Women's Self Defense Seminar – There is a free Women's Self Defense Seminar at the Hickam Fitness Center Sept. 4 at noon. The seminar lasts 90 minutes and will be held in the exercise room. Tim Cotter, a Hickam firefighter and first-degree black belt in the Korean martial art, Hapkido, will conduct the seminar, which covers street awareness, aggression response, and attack defense. The seminar is open to women and girls older than age 8. Call 778-3089 to register.

Hickam Girl Scout Registration – Girls ages Pre-K through 18 as well as adult volunteers are welcome Sept. 7 to register for Girls Scouts. Registration will take place at building 501 (Youth Annex/The Scout Hut) from 6 to 8 p.m. Fee is \$10. For more information contact Paul and Kris Opp at theopps@earthlink.net

Mail in Voter registration – Mail in Voter registration/Absentee Ballot Request now to receive ballots in time for the general election. Deadline is Sept. 15. People should contact their Unit Voting Assistance Counselor or Base Training and Education Services Office (Hangar 2) For more information call 449-CARE (2273) or visit their Web site at www2.hickam.af.mil.

JEMS job fair – Joint Employment Management System will hold its 17th annual job fair Sept. 15 at the Banyans Club on Pearl Harbor from 10:30 a.m. to 3 p.m. The job fair is open to military family members, active-duty personnel, military retirees and reservists, and DoD/ Coast Guard employees with base access. No children will be admitted so plan accordingly. This is an opportunity to talk to recruiters, drop off resumes, pick up applications and research the job market. For more information visit JEMS web site at www.JEMSHawaii.com and click on Job Fair/Events. Point of contact is Rita May at 473-0190.

Missouri Memorial salutes Air Force – In honor of the Air Force's 57th birthday Sept. 18, all active-duty, reserve and retired Air Force personnel will be offered free admission and 10 percent off retail purchases at the Battleship Missouri Memorial throughout September. In addition, immediate family members will receive a 50 percent discount on admission and 10 percent off retail purchases. Qualified visitors must present their military ID at the memorial ticket window. Regular admission is \$16 per adult and \$8 per child 4-12. Military and local resident rates are \$10 per adult and \$5 per child. Guided tours of the Missouri are additional.

Embry Riddle Aeronautical University – Embry Riddle offers

HOT NOTE

Services dining facility changes – Beginning Wednesday the Enlisted Club and JR Rockers is all ranks for lunch (buffet and JR Rockers menu Wednesday to Friday). The Sea Breeze buffet will now be open Monday to Friday for lunch buffet. The Officers Club will close for lunch but will remain open for continental breakfast until The Wright Bros Grille opens Sept. 8. The grand opening celebration for Wright Bros Grille is Sept. 11.

undergraduate and graduate level courses at three center locations on Oahu - Hickam, Schofield Barracks and MCBH Kaneohe Bay, as well as a teaching location at Barbers Point Coast Guard Station. The Fall Term begins Oct. 4, with registration running from Monday to Oct. 8. In addition to on-site instruction, students can enroll in a wide variety of Distance Learning courses that can be applied to ERAU degree programs. For more information stop by the ERAU office in Hangar 2, room 117 or call 422-0835. Also on the web at www.erau.edu

STAP – Base Training and Education Services is now accepting applications for the Spouse Tuition Assistance Program for Term 2 (Nov. 1 to Jan. 31). The deadline for Term 2 is Wednesday. STAP provides partial tuition assistance for spouses of active duty airmen or officers, who accompany members to overseas locations and attending high school or college programs at those locations. STAP provides TA at a rate not to exceed 50 percent of unmet tuition charged per course, with a maximum of \$1500 per academic year. Applications are available at the Base Training and Education Services office. For more information call 449-6363.

Krispy Kreme Doughnut Sale – The Hawaii Top 3 is sponsoring a Krispy Kreme Doughnut sale for Sept. 17. The HT3 is charging \$8 per dozen. See a HT3 representative for pre-orders. For more information contact Master Sgt. Glen Tajeron at 448-BLUE.

Energy saving tips

Hickam community can help

The base energy and waste manager has a few tips for the Hickam community to do their part in saving energy.

Computers:

- Turn off monitor when away from desk 15 minutes or more.
- Turn off computer and monitor (end of day).
- Most monitors come equipped with energy reduction features; talk to your computer work group manager about activating those features.

■ Screen savers don't save energy; complex screen savers actually increase energy use!

Turn off when not in use:

■ Hot plates, coffeepots, and other small appliances in your area.

- Tools, office machines and portable appliances.
- Photocopiers and other office equipment (at end of day).
- Unplug equipment with remote controls or clocks, such as televisions and VCRs (they still use some power even when turned off).

When purchasing equipment, purchase Energy Star:

- Consider replacing old refrigerators.
- Consider replacing old inefficient window air conditioning units.

Do your part and help reduce Hickam's electrical consumption. If you have any questions, contact Dave Stiner, base energy and water manager, 15 CES/CEOEE at 448-2693.



On its way

Photo by Ross Mishima

The Boeing C-17 paint crew in Long Beach, Calif., begins application of the top-coat of paint on McGuire's first C-17, Aug. 17. The aircraft is the 125th U.S. Air Force C-17 and is scheduled to arrive at McGuire Sept. 24. Hickam's first C-17 is scheduled to begin production in March 2005.

Around the Air Force



Editor's Note: For the complete stories and more go to Air Force news at <http://www.af.mil>

C-17 testers airdrop Army Stryker mobile gun system – EDWARDS AIR FORCE BASE, Calif. – An aircrew from the C-17 Globemaster III combined test force here successfully airdropped a mobile gun system for the first time during a feasibility test Aug. 13. The system fits the Army's Stryker engineer squad vehicle.

The Army is testing the 52,500-pound system to possibly equip the armored vehicle to meet operational needs.

"There is a present need to have airdrop capability for the mobile gun system, and we performed the feasibility test to see if the impact of an airdrop is consistent with static impact testing the Army has already completed," said Alec Dyatt, 418th Flight Test Squadron C-17 CTF flight test engineer.

The purpose of the feasibility airdrop was to verify if the extraction system was adequate, demonstrate the system could be extracted safely and verify there was sufficient clearance in the C-17 for it to be extracted, said Dan Jones, a 418th FLTS systems engineer. (By 1st Lt. Brooke Davis, Air Force Flight Test Center Public Affairs.)

Officials committed to helping servicemembers vote – WASHINGTON - Defense officials are committed to ensuring servicemembers have the ability to vote from anywhere in the world, Department of Defense's top personnel officer said.

"We're making a decided effort to make sure everyone gets the chance to vote," said David S. C. Chu, undersecretary for personnel and readiness.

DOD officials have designated two specific timeframes to raise awareness of issues facing military voters specifically and, more generally, everyone who must vote by absentee ballot. Sept. 3 to 11, which includes Labor Day, has been designated Armed Forces Voters Week. Columbus Day week, Oct. 11 to 15, will be Overseas Voting Week.

Voting assistance officers will redouble their efforts to get information to potential voters during these weeks, a DOD spokesman said. Commanders and supervisors will also highlight the importance of voting and options available to troops.

A good source of information is the Web site www.fvap.gov/index.html of the Federal Voting Assistance Program, Mr. Chu said. The site includes links to absentee voting rules for all states and jurisdictions.

From this site, potential voters can fill out and submit an on-line version of the Federal Post Card Application, which allows individuals to register to vote or request an absentee ballot from nearly all U.S. jurisdictions. (By Kathleen Rhem, American Forces Press Service.)

Revised 'Tongue and Quill' now available online –

MAXWELL AIR FORCE BASE, Ala. - What started as a research paper here nearly 30 years ago has become the Air Force's leading reference on writing and speaking.

In 1975, then-Air Command and Staff College student Maj. Hank Staley submitted as his research paper the first version of what is now "The Tongue and Quill."

The latest revision of the handbook is now available online, said Sharon McBride, an ACSC writer and editor who headed the revision effort. A hard-copy version will not be published.

The 2004 edition retains most of the writing and speaking tips of past editions. Revisions include improved organization of the information, a rearranged layout, updated quotes, art and word lists, and new information on writing and speaking such as persuasive communications, meetings, briefings and electronic communications.

Many changes came from reader feedback and from talking with people who do a lot of writing and public speaking, Ms. McBride said.

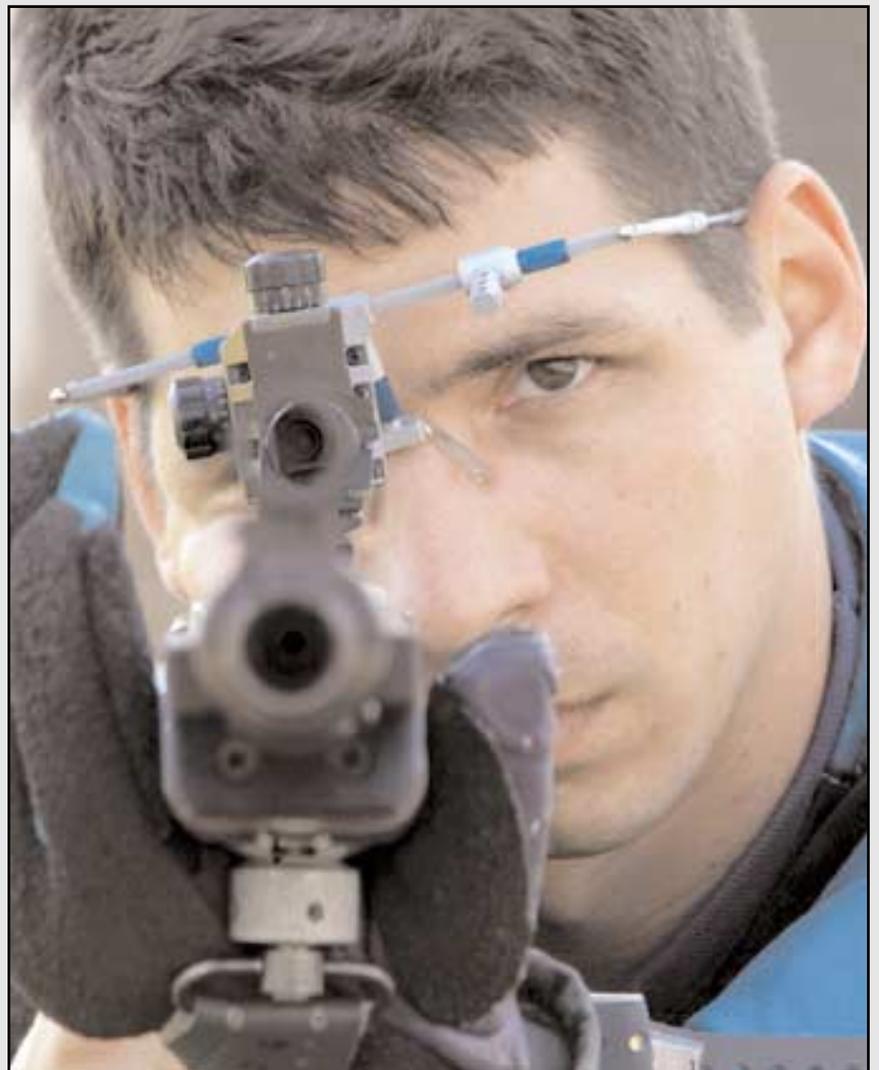
The current edition is available online at the Air Force Publications Web site at www.e-publishing.af.mil. (By Carl Bergquist, Air University Public Affairs)

Officials: Register to vote before deploying – RANDOLPH AIR FORCE BASE, Texas – Airmen deploying between now and the general election Nov. 2 should register to vote with their deployed unit address before departing, said voting officials at the Air Force Personnel Center here.

Registration is accomplished by completing a Federal Post Card Application Standard Form 76. Some states will accept the form electronically or by fax. The form and all the state rules can be found on the "Airmen Votes" Web page at www.afpc.randolph.af.mil/airmenvotes.

"Registering in advance means the balloting materials will be waiting for them at their forward location," said John Lowrance, Air Force assistant voting action officer. "Deploying (Airmen) who do not yet know their deployment address or cannot release it, will need to take some additional steps.

When people find out their address or if there is



Make my day

Air Force Photo by Jason M. Webb

Capt. Mark Gould, Space Superiority System Program Office, aims an Anschutz 2013 shooting rifle. In competition, he shoots with an Anschutz 1913 Super Mach. In perfect wind conditions (none) the Super Mach should put the center of all shots within 3.3 mm of each other.

a change of address while deployed, they will need to send another SF 76 with their new APO/FPO address checking off "Mail Absentee Ballot To" (item 4). In the remarks section people should include the dates they will be absent, enter their old address and write in block letters the words "OLD ADDRESS."

Under the updated address, the applicant writes in block letters "NEW ADDRESS."

"The bottom line is to know your state rules and not make your ballot come looking for you," Mr. Lowrance said. (By Master Sgt. Ron Tull, Air Force Personnel Center Public Affairs)

Princeton review gives academy high marks – U.S. AIR FORCE ACADEMY, Colo. – The Air Force Academy ranks 18th in the nation in overall academic experience, according to the Princeton Review's "The Best 357 Colleges – 2005 edition."

The annual rankings hit the streets Aug. 17 and are the result of input from more than 110,000 students at 357 colleges.

Students and cadets ranked their respective universities on a wide range of academic categories, including professor availability, amount of studying, toughest to get into, class discussions and whether professors "bring material to life."

The colleges are also rated in many other ways, under the categories of quality of life, administration, politics, demographics, social life and extracurricular activities. (Courtesy of AFPN)

Crossword puzzle: In the field

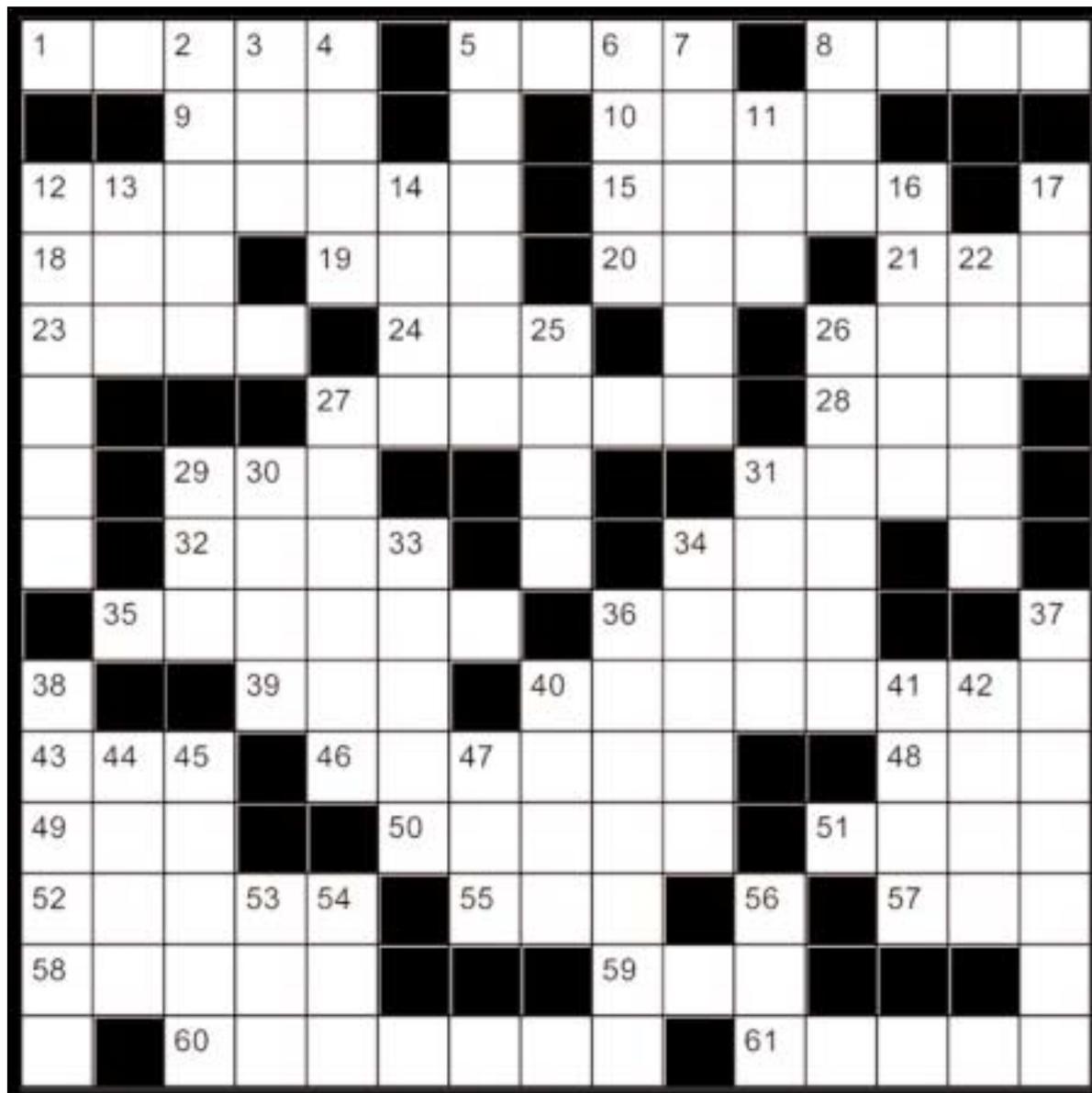
By 1st Lt. Tony Wickman
Alaskan Command Public Affairs

ACROSS

1. Part of discipline to avoid enemy attention (AFMAN 10-100)
5. Used to prevent openings, as in doors or vaults
8. Vest worn by deployed troops
9. Father
10. X marks the spot?
12. Item worn by food preparer
15. Swears
18. Bother
19. Model Carol
20. Attention, with regard to loved ones, briefly
21. Field ration, in brief
23. Duty, in the Navy
24. Body of water
26. Dues
27. Anchorage
28. Popular Algerian music form
29. Air carrier, briefly
31. Euphemism for d---d
32. Singing group Kingston
34. Tag carried by deployed military people
35. Deployment positions for troops to depart
36. Mountain lion
39. Each
40. Bags given to deploying troops
43. Center of a hurricane
46. North or South state?
48. Fuel type, in short
49. Actor Stephen of "Michael Collins"
50. Links southwest Asia with northeast Africa
51. Indian princess
52. Impudent
55. Capture, as in crooks
57. Sault ___ Marie
58. French pancake
59. Backtalk slang
60. Deployment bathroom site
61. Escape capture from the enemy

DOWN

2. Dolt
3. Acronym for rescuing downed pilots
4. American poet ___ Saint Vincent Millay
5. Part of discipline to avoid enemy attention (AFMAN 10-100)
6. Talk
7. Material in helmets of deployed troops
8. Limited
11. Mythical bird with huge size and strength



12. Protect shelters against weapons
13. Oklahoma town
14. Italian-born fashion designer Schiaparelli
16. Slander
17. Pay statement needed for deployment, briefly
22. Needed to control horse
25. Competent
26. Thrifty
27. Saluted
29. To the ___ degree; infinity
30. Covering
31. Maple Leaf enforcer Tie
33. Tall annual plants used in soups and stews
34. Sheikdom of eastern United Arab Emirates
36. Type of water deployed troops should drink

37. Deployment necessity to prevent illness and improve morale
38. Deployment team that handles Personnel Accountability Kits
40. "___ Lisa"
41. Retirement accts.
42. Made of canvas fabric over support poles (GP)
44. 365 equals 1
45. Art stand
47. Relative
53. Health resort
54. Still
56. Mock

See Page 20 for SOLUTIONS

Team Hickam History

The Air force's most historic airfield

Aug. 27, 1952 - The 15th Communications Squadron, Command (predecessor to the 15th Operations Support Squadron), was redesignated as the 15th Communications Squadron, Operations.

Aug. 29, 1950 - The first shipments of whole blood from the United States destined for Korea, arrived at Hickam. The 1500th Air Traffic Squadron was responsible for re-icing these shipments upon arrival, and again prior to reshipment, with ice furnished by the Ice Plant at Schofield Barracks.

Aug. 30 - Sept. 5, 1984 - Hickam personnel supported the Space Shuttle Discovery's maiden flight, standing by in the event of an emergency landing.

Aug. 31, 1939 - Wheeler became a separate permanent military post.

September 1935 - Construction of Hickam

Field began.

Sept. 1, 1937 - With construction still in progress, the first contingent of twelve men and four aircraft under the command of 1st Lt Robert Warren moved from Luke Field on Ford Island to Hickam Field. Lieutenant Warren became the first base commander. The group lived in tents while construction progressed at Hickam.

September 1959 - 'Hawaiian Falcon' was selected as the new name for the Hickam base newspaper, formerly called 'The Surf Writer.'

Sept. 1, 1984 - Master Sgt. Judith Babson assumed the responsibilities of Correctional Custody noncommissioned officer in charge at Hickam.

September 2001 - Nearly 130 Hickam members returned from supporting Ulchi Focus Lens '01 exercises held in the Republic of Korea.



Reunion Tips

From your Family Readiness Program Staff

Editors Note: Reunion is a time of adjustment after separation. The following tips will appear in the Kukini and are suggestions to help people prepare for a loved ones homecoming and their greatly anticipated reunion.



This week's tip:

Avoid getting into the "Who had it worse" game. The truth of the matter is the separation was difficult for both of you. But, it was probably most difficult for the family member staying at home, shouldering responsibility for the entire household and often worrying about safety of deployed member.

In the Field

This week's crossword answers



Chapel

Editor's note: For more information on Base Chapel services or for prayer requests call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.

Catholic

Nelles Chapel
Weekday Mass – 11:30 a.m.
Saturday confessions – 4:15 p.m.

Protestant

Nelles Chapel
Sunday contemporary service – 8:30 a.m.
Sunday Gospel Worship – 11:15 a.m.

Orthodox

For more information, call 438-6687.

Islamic

Chapel Center
Wednesday Mid-Week service – 5:30 p.m.
Sunday traditional – 8:30 a.m.

Friday congregational service (1935 Aleo Place, Punahou) – 1 p.m.

Jewish

Aloha Jewish Chapel, Pearl Harbor – 473-0050
Jewish Lay Leader – Mr. David Bender – 527-5877
Naval Station Chapel – 473-3971

Muslim Association of Hawaii, 947-6263.

Buddhist

Honpa Hongwanji Hawaii Betsuin A Shin Buddhist Temple – 536-7044.

At the Movies



Friday and Saturday - 7 p.m.
"A Cinderella Story" -

Samantha lives at the beck and call of her self-obsessed step-mother, Fiona, and her sinfully wicked step-sisters. She finds her less-than-sparkling social life wonderfully complicated when she meets her Prince Charming online. Her anonymous cyber soul mate turns out to be Austin, her high school's quarterback. Fearing rejection, Sam dodges Austin's efforts to discover the identity of his princess. Will Sam let fear hold her back, or will she find the courage to be herself and claim the life she's always wanted? Her chance at "happily ever after" depends on it.

Starring Hilary Duff and Jennifer Coolidge
 Rated PG (Mild language and innuendo)



Sunday, Wednesday and Thursday - 7 p.m.
"Catwoman" -

Patience Phillips seems destined to spend her life apologizing for taking up space. This comes to a screeching halt when Patience inadvertently becomes a human guinea pig for the revolutionary anti-aging product, Hedare, and not only lands herself in the middle of a corporate conspiracy of gargantuan proportions, but on the city police force's most wanted list. Equipped with a new feline prowess, Patience is a different person come nighttime, more accurately, a Catwoman; elusive, untamed, powerful, stealthy, and not necessarily prone to erring on the side of good, Patience has gone from doormat to vigilante.

Starring Halle Berry, Sharon Stone
 Rated PG-13 (Action violence and sensuality)

Sport Shorts

Hickam Flyers running club

The Hickam Flyers running club meets every Thursday at 5:30 p.m. at the base fitness center group exercise room. Runners are provided fruit and drinks. There are giveaways, to include Nike Dri-Fit shirts, Honolulu Marathon entry fees and more. Guest speakers from the running world and local companies will attend the meetings. For information, call Jason Vandenberg at 449-4640.

Hickam varsity soccer team

Varsity Soccer practices are held every Saturday at 9 a.m. at the base soccer field across from the base bowling alley. The team is preparing to compete in the Hawaiian Armed Services Athletic Council soccer tournament happening soon. Any one interested in playing should contact Tech. Sgt. Todd Gill at 449-1044 or e-mail at Richard.gill@hickam.af.mil

HICKAM AIR FORCE BASE • HAWAII

HALLOWEEN VOLLEYBALL TOURNAMENT

OCTOBER 28 - NOVEMBER 2, 2004

SPIKE IT!

- ♥ COMPLIMENTARY BARRIQUE ICEBREAKER
- ♥ ROUND ROBIN OPENING FORMAT
- ♥ SINGLE-ELIMINATION TOURNAMENT FOR FINALS
- ♥ MINIMUM FIVE MATCHES PER TEAM
- ♥ TROPHIES TO FIRST AND SECOND PLACE TEAMS
- ♥ ALL-TOURNAMENT TEAM TO BE CHOSEN
- ♥ DRINKING FOR OFF ISLAND TEAMS IS SEPT. 15, 2004
- ♥ ENTRY FEE - \$200 PER TEAM (CHECK ON IMPAC CARD)
- ♥ LODGING AVAILABLE

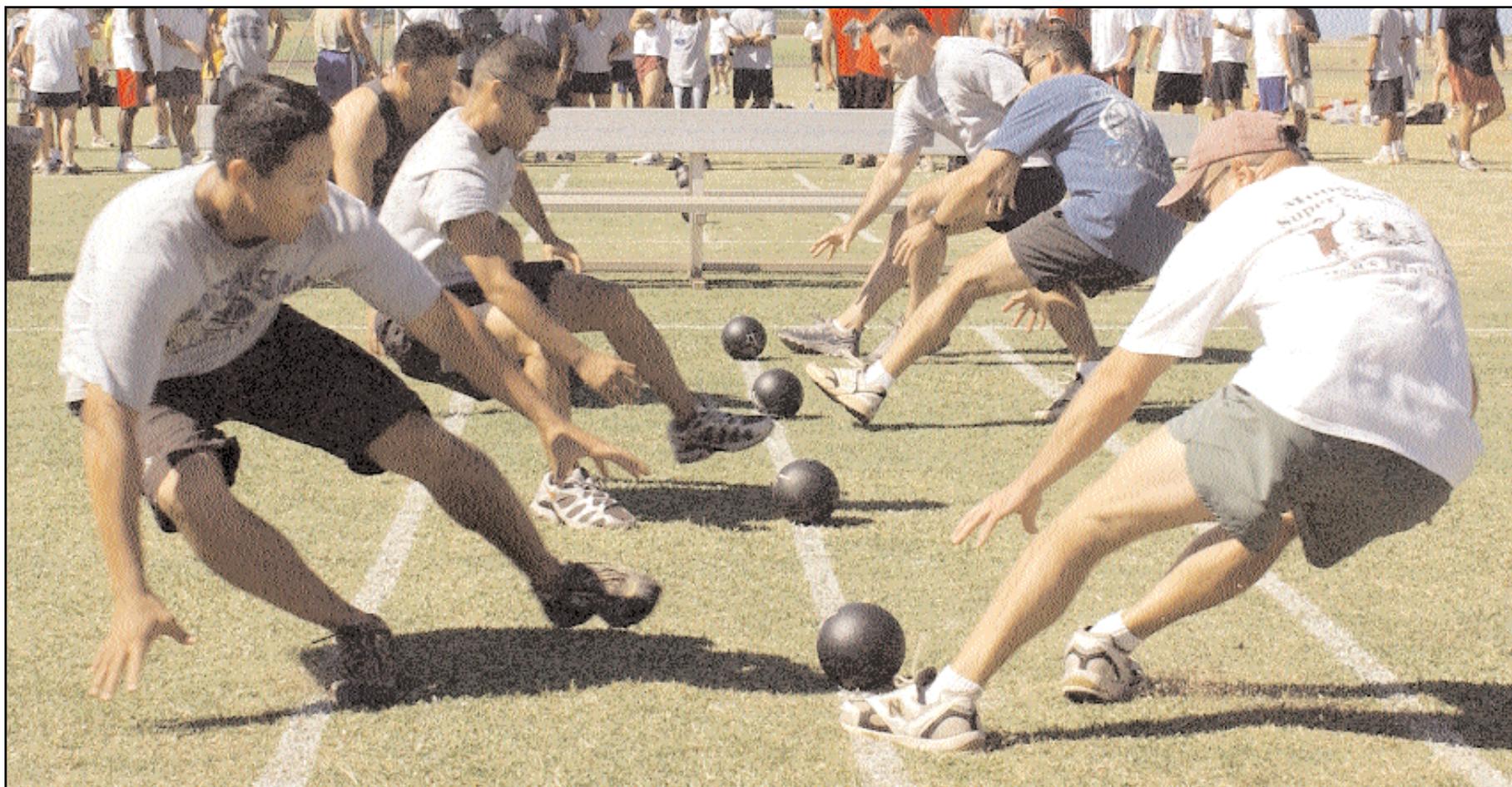
FOR MORE RESERVATIONS AND INFORMATION CONTACT
 JASON VANDENBERG OR SSgt. RICHMAN AT (808) 449-4640

Services

Kukini

Checkout the Hickam
 Kukini on-line at

www2.hickam.af.mil/wingpa/news.html



Members of 15th Aircraft Maintenance and 354th Logistics Readiness Squadrons race to start a dodgeball match.

352nd wins sports day competition

By Tech. Sgt. Mark Munsey
Kukini Editor

The 352nd Information Operations Squadron ran to an early lead and held off all base competitors to resoundingly win the Hickam Sports Day competition August 20.

They were led by Troy Davis' event-winning time in the day's first competition, the 2-K run, helping his squadron post a record 202 points by day's end en route to their second straight competition victory.

Davis participated in several events, according to Jason Vandenberg, Hickam Fitness Center fitness director.

He played tennis and was the anchor leg of the fitness challenge, Vandenberg said.

Davis wasn't the only one working out. More than 1,000 Team Hickam members from 24 units participated in the nine events.

"It's really evident that the overall physical fitness of the base has dramatically improved during the past few years," Vandenberg said. "We have seen a steady increase in the number of people participating in sports day running events and some great individual performances."

The tightest competition was for second place. The 15th

Comptrollers Squadron down four points entering the day's last event, the fitness challenge, came from behind and edged out Joint POW/MIA Command. The 15th CPTS managed to outscore JPAC 25-20 to earn the 'silver' by one point, 145-144.

The 15th Civil Engineer Squadron and the 324th Information Squadron also duked it out, for fourth place, with 15th CES taking a one point lead in the day's seventh event, dodgeball, and held on to out point 324th IS 93-92.

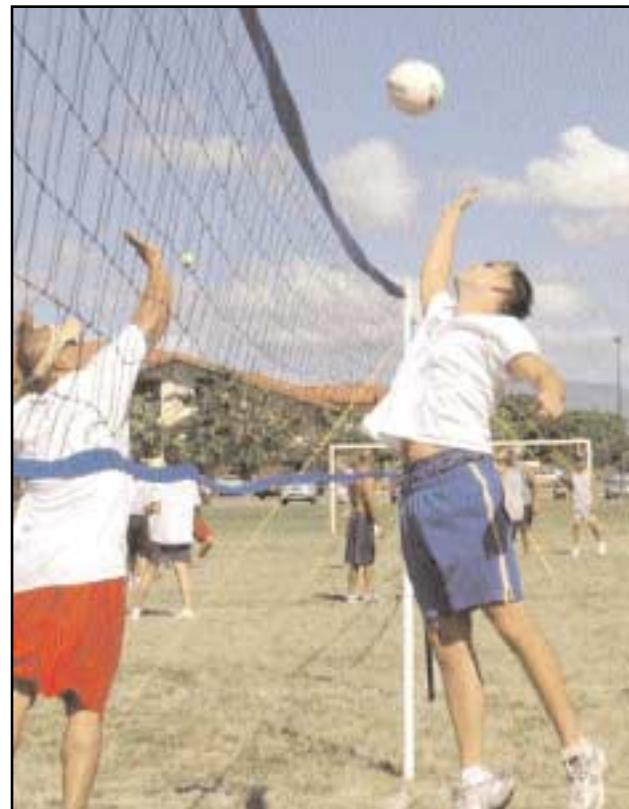
For more information, contact the base fitness center at 449-1044.



Steven Coover, 15th Comptroller Squadron, pushes the ball downfield against Aristides Diaz, 324th Information

Photos by Mysti Bicoy
Graphic by Warren Oda

Right: Aaron Duffrey, 324th IS, spikes the ball over Orlando Cruz, 15th Mission Support Squadron.



TEAM HICKAM SPORTS DAY SCOREBOARD										
Unit	2-K run	Basketball	Soccer	Volleyball	Tennis	Horseshoes	Dodgeball	Bowling	Fitness Challenge	Total
352 IOS	40	17	15	10	14	10	20	4	27	202*
15 CPTS	37	7	15	10	2	10	10	4	25	145*
JPAC	20	7	15	10	11	10	15	11	20	144*
15 CES	17	10	—	10	2	20	10	4	20	93
324 IS	5	14	20	10	9	10	—	4	20	92